

FAMILIUS



HELPING
FAMILIES BE
HAPPY

FALL 2015

Dear Family,

Our two favorite things about publishing are to learn new things and to meet interesting people. These last six months have been filled with much learning and getting to know talented people who engage with Familius and help us fulfill our mission to help families be happy. These family members come from different walks of life, have a story to tell, and important life lessons to share. Just when you think you've learned it all, you find someone who has a different point of view and opens your mind to new possibilities and approaches.

This new catalog offers an important glimpse into these new approaches and ideas. Looking at this list, I'm impressed with the breadth of subjects. We explore how to live a fuller life after retirement. We take a moment to inspire through a Christmas story. We get into the kitchen and spend time creating wonderful confections and fun and healthy meals. We explore the special relationship between a grandparent and a new baby. We share new parenting skills, new communication skills, and skills to more effectively reduce stress. We show how to lose weight in 90 days and how to have a more balanced approach to body, mind, and spirit. We fortify young people against pornography addiction. We introduce children to Shakespeare. We experience the relationship a wife has with her husband who has had three tours of active duty and struggles with PTSD, and we also explore the reality that even children suffer from PTSD. We follow the twenty-year relationship in letters between two wonderful women. We have an adventure through the eyes of a child who has ADHD. We play with cats. And we even bake bread, grow a garden without tilling, and experiment with fish.

With all of that, we never grow tired of our Familius.com contribution and the flow of new readers who subscribe to us and explore articles to help them and their family.

We are grateful to all of you who in some way play an important role in helping us achieve our mission. Thank you.

Let's Talk Family,

Christopher & Michele

Christopher and Michele Robbins



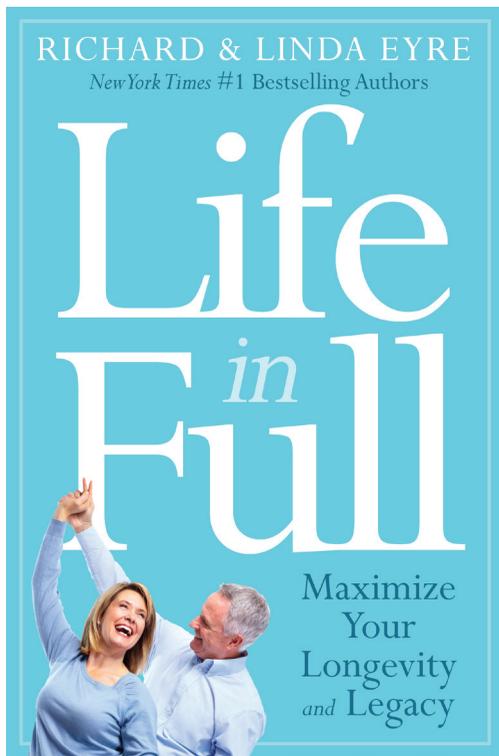


new & exciting

“A family is a place where principles are hammered and honed on the anvil of everyday living.”

—CHARLES R. SWINDOLL

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New York Times #1 bestselling authors

ISBN-13: 9781942672937

Price: \$18.95 (USD)

Specs: Trade Paperback, 256 pages, 6 x 9

BISAC Category:

SELO05000 - SELF-HELP / Aging

SELO16000 - SELF-HELP / Personal Growth / Happiness

Pub Date: August 2015 Rights: World

RICHARD AND LINDA EYRE

Richard and Linda Eyre are *New York Times* #1 bestselling authors whose writing career has spanned four decades and whose books have sold in the millions. They have appeared on virtually all major national talk shows, including *Oprah* and *Today*, and have seen their books translated into a dozen languages. They write a syndicated weekly newspaper column and currently spend most of their time traveling and speaking to audiences throughout the world on families, parenting, and life-balance. The Eyres' vision statement is "Fortify families by celebrating commitment, popularizing parenting, bolstering balance, and validating values." They live in Park City, Utah.

Life in Full

Maximize Your Longevity and Legacy

RICHARD AND LINDA EYRE

Eighty million Baby Boomers are now in or approaching their sixties. Creating a proactive plan for the next twenty years is both possible and practical, and *Life in Full* is the template!

DESCRIPTION

Eighty million Baby Boomers are now in or approaching their sixties and moving into retirement. While this transition may be difficult, the succeeding years can be fulfilling, invigorating, and joyous. Written by the *New York Times* #1 bestselling author team Richard and Linda Eyre, *Life in Full* creates a seven-question blueprint for how to spend the next twenty years living the life you have always wanted and enjoying the life fulfillment you deserve. Creating a proactive plan for the next twenty years is both possible and practical, and *Life in Full* shows you how! Ask yourself:

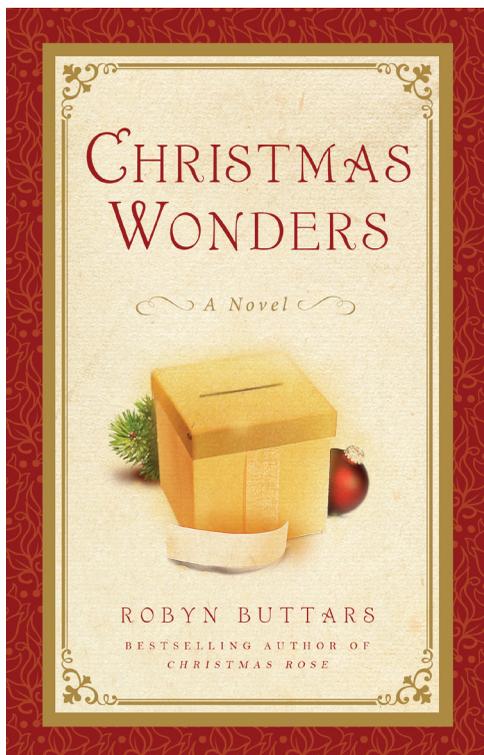
- How long do I want to live?
- Who do I want to live with?
- How do I want to look and feel?
- How much money will I need?
- What do I want to keep doing, and what do I want to start doing?
- What values do I believe in, and what kind of person do I want to be?
- What type of legacy do I want to leave behind?

Using these seven questions and focusing on Perspective, Planning, Protecting, and Posterity, the Eyres guide you through a process of life understanding that will prepare you for living the next twenty to thirty years in a way that will bring you the most happiness and fulfillment possible.

WHY YOU'LL LOVE IT

- Richard and Linda Eyre are the authors of multiple books, including *Teaching Your Children Values*, a *New York Times* #1 bestseller. They have appeared and been interviewed on all major media outlets. Having spent the last forty years focusing their attention on parenting skills for a market that has continued to follow and age with them, they now turn their attention to their own generation, the Boomers.

The Boomer's blueprint for a fulfilling retirement.



From a bestselling Christmas author

ISBN-13: 9781942934059

Price: \$16.95 (USD)

Specs: Jacketed hardcover, gold foil, embossed, 160 pages, 5 x 8

BISAC Category: FIC058000 - FICTION / Holidays

Pub Date: October 2015

Rights: World

ROBYN BUTTARS

Robyn Butters's first novella, *Christmas Rose*, won first place in the League of Utah Writer's Contest and her young adult novel, *Country Tied*, won second. She enjoys traveling, working as a registered nurse, and taking the opportunities that come with the changing seasons of the year and of life. Robyn lives in northern Utah with her husband. They enjoy working and playing with their six children and grandchildren.

An unforgettable
Christmas story with a
new holiday tradition.

Christmas Wonders

ROBYN BUTTARS

DESCRIPTION

"Have a wonder-filled Christmas," people in Luke's new hometown greet one another as Christmas approaches. With no memory of a Christmas celebration, ten-year-old Luke feels excluded from the town's tradition, until he finds his deceased mother's nativity set. Touched by Mary's protecting embrace of the Baby Jesus, Luke experiences his first Christmas Wonder. His discovery is the catalyst for a search that leads to a soul-changing season for neighbors as Luke finds his connection to heavenly love.

Robyn Butters, author of the bestselling and award-winning novella *Christmas Rose*, weaves an unforgettable holiday story for the entire family.

WHY YOU'LL LOVE IT

- New Christmas novel from Robyn Butters, author of the award-winning and bestselling title *Christmas Rose*, selling more than 40,000 copies
- Story is for people of all ages and lends itself to holiday-time read-aloud.
- Includes sheet music for the original song, "Christmas Wonders"





The Space Hero Cookbook

Stellar Recipes and Projects from a Galaxy Far, Far Away

BARBARA BEERY

DESCRIPTION

Turbo Tot Asteroids! Cosmic Coolers! Intergalactic Birthday Cake! What better way to explore a galaxy far, far away than by cooking up some alien-inspired grub and cosmic crafts? With more than 30 space-themed recipes, bestselling author Barbara Beery provides full-color, easy-to-make recipes for that budding space cadet. Recipes include:

- Wormhole Roll-ups
- Red Alert Ravioli
- Meteorite Monkey Bread
- Space Pirate Punch
- Martian Mud
- Gamma Ray Glow Jars, and much more!

So don't go supernova without ideas. Just follow *The Space Hero Cookbook* through hyperspace, and enjoy intergalactic treats, savory snacks, dips, crafts, and more!

WHY YOU'LL LOVE IT

- From the author of the bestselling series *The Pink Princess Cookbook*, *The Snow Princess Cookbook*, *The Fairy Cookbook*, and many others, selling more than 500,000 copies
- More than 30 recipes that provide excellent fun for any Star Wars or space-themed party
- Amazing, full-color photographs for every recipe



Out-of-this-world recipes and photos

ISBN-13: 9781942934004

Price: \$17.95 (USD)

Specs: Hardback, covered spiral bound, 80 pages, 7.3 x 8.8

Category: Cookbook / Children's

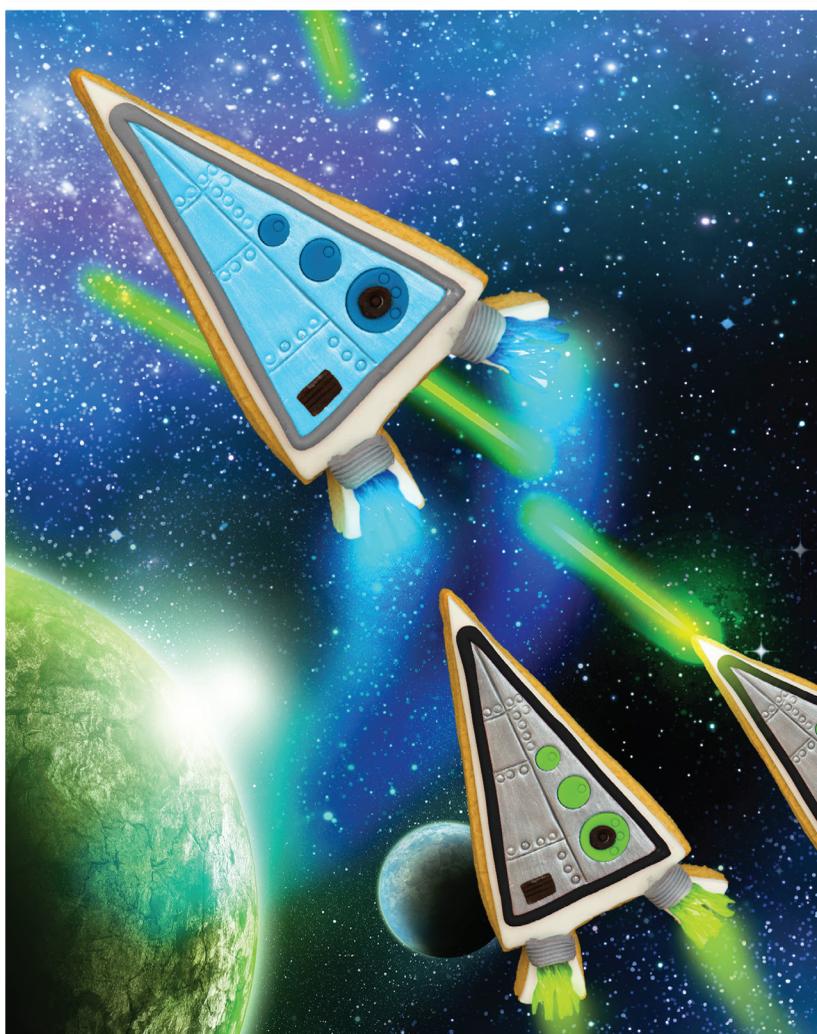
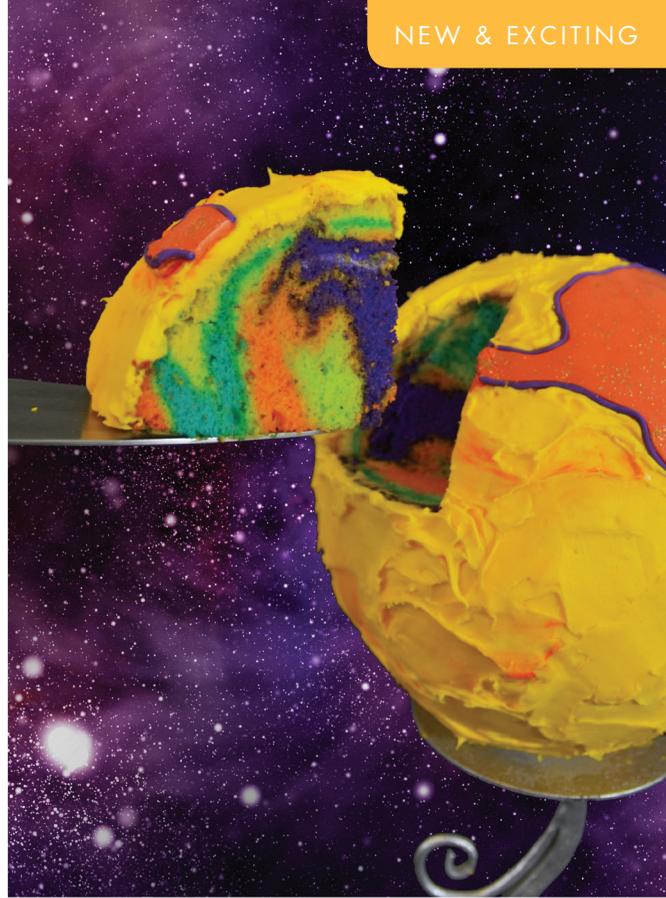
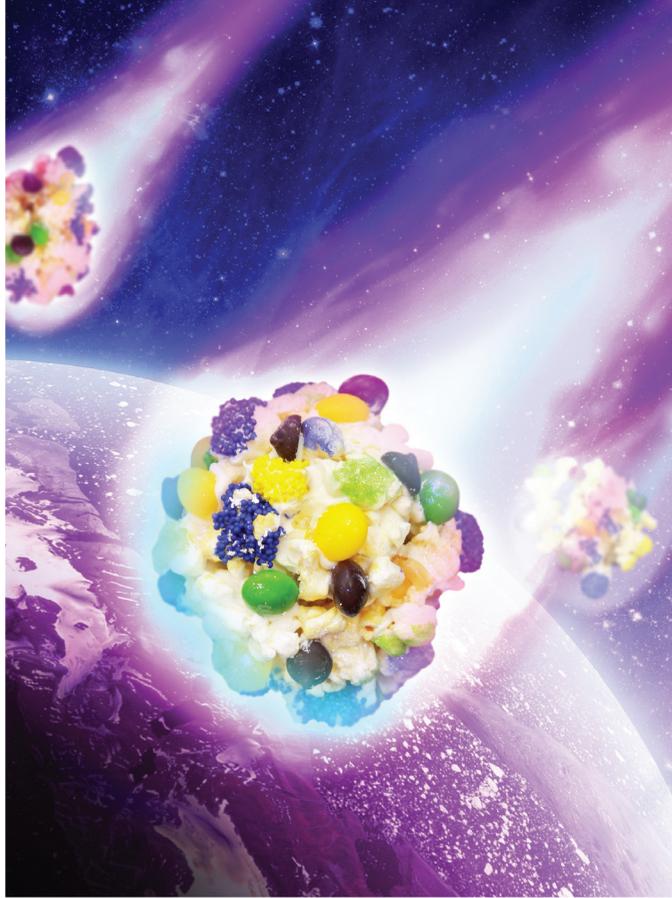
Pub Date: September 2015

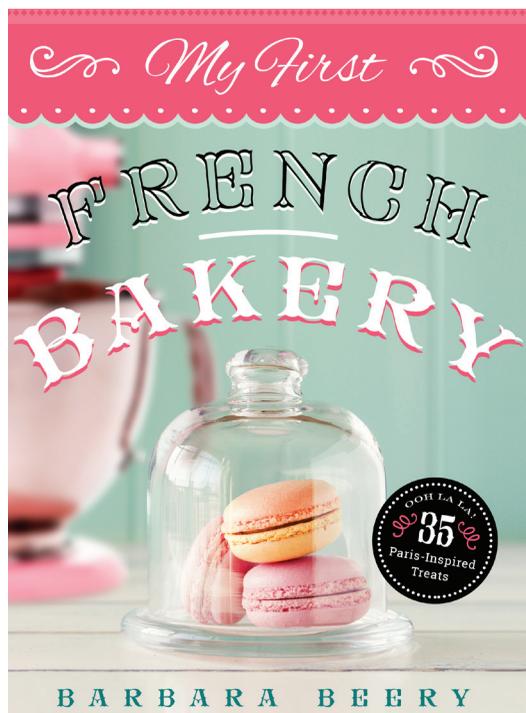
Rights: World

BARBARA BEERY

Barbara Beery, the bestselling author of *The Pink Princess Cookbook*, has been a spokesperson for such national companies as Sun Maid Raisins, Uncle Ben's, Borden's, Kellogg's Rice Krispies, and Step 2. Barbara has been a contributing writer to *FamilyFun*, the country's leading family magazine. She has appeared twice on the *Today Show* and the CBN with Pat Robertson. Beery's business has been featured in the *New York Times* and *Entrepreneur Magazine*, as well as dozens of other local and national publications. She has worked closely with Get Moving, Cookies for Kids Cancer, Rachael Ray's Yum-o Organization, and No Kids Hungry. She is the author of 12 books, having sold more than 500,000 copies. She resides in Austin, Texas.

Far-out, alien-rich recipes from a galaxy far, far away.





My First French Bakery

BARBARA BEERY

DESCRIPTION

Mon Petit Macarons, J'adore Crepes, Perfect Petit Fours . . . *mais oui!* Barbara Beery, the author of the bestselling *The Pink Princess Cookbook* and *The Snow Princess Cookbook*, takes her culinary craft to Paris and invites every young chef to explore their first French bakery!

Sections with beautifully photographed recipes include Le Patisserie (baked goods), Le Dejeuner Cafe (sandwiches and savory dishes), Le Dessert Cafe, and so much more! Recipes include:

- Mon Petit Macarons
- Classic French Cupcakes
- Mini Gallettes
- Cherry Clafouti
- Fruit Tarts
- Chocolate Mousse
- Crème Brulee
- Croque Madame
- and more

WHY YOU'LL LOVE IT

- From the author of the bestselling series *The Pink Princess Cookbook*, *The Snow Princess Cookbook*, *The Fairy Cookbook*, and many others, selling more than 500,000 copies
- *My First French Bakery* is perfect to take advantage of the new 2015 *American Girl*® Grace Thomas and her French bakery, the *American Girl*® “For Goodness Bake” initiative, and the upcoming film *Grace Stirs Up Success*.
- Additionally, several recipes are naturally gluten-free and vegan with options for dairy-free alternatives
- Includes French and English recipe names



Author has sold over 500,000 copies

ISBN-13: 9781942934110

Price: \$17.95 (USD)

Specs: Hardback, covered spiral bound, 80 pages, 7.3 x 8.8

Category: Cookbook / Children's

Pub Date: September 2015

Rights: World

BARBARA BEERY

Barbara Beery, the bestselling author of *The Pink Princess Cookbook*, has been a spokesperson for such national companies as Sun Maid Raisins, Uncle Ben's, Borden's, Kellogg's Rice Krispies, and Step 2. Barbara has been a contributing writer to *FamilyFun*, the country's leading family magazine. She has appeared twice on the *Today Show* and the CBN with Pat Robertson. Beery's business has been featured in the *New York Times* and *Entrepreneur Magazine*, as well as dozens of other local and national publications. She has worked closely with Get Moving, Cookies for Kids Cancer, Rachael Ray's Yum-o Organization, and No Kids Hungry. She is the author of 12 books, having sold more than 500,000 copies. She resides in Austin, Texas.

A taste of Paris kids will love!



NEW & EXCITING



The Stevia Solution Cookbook

Satisfy Your Sweet Tooth with the No-Calories, No-Carb, No-Chemical, All-Natural, Healthy Sweetener

CALEB WARNOCK

DESCRIPTION

Improve your health with stevia—the world’s only all-natural, calorie-free, non-glycemic herbal sweetener. Stevia is a leafy green herb with a strong, sugary flavor. Most people don’t believe it until they taste it. For centuries, the Guarani tribes of Paraguay have grown and loved these candy-flavored leaves, benefiting daily from the natural health stevia provides. They call it *kaa-jhee*, which means “honey leaf.”

The Stevia Solution Cookbook provides information on how to cultivate, grow, purchase, and use stevia in your everyday cooking and includes more than 60 full-color images and recipes.

The health benefits of stevia are diverse:

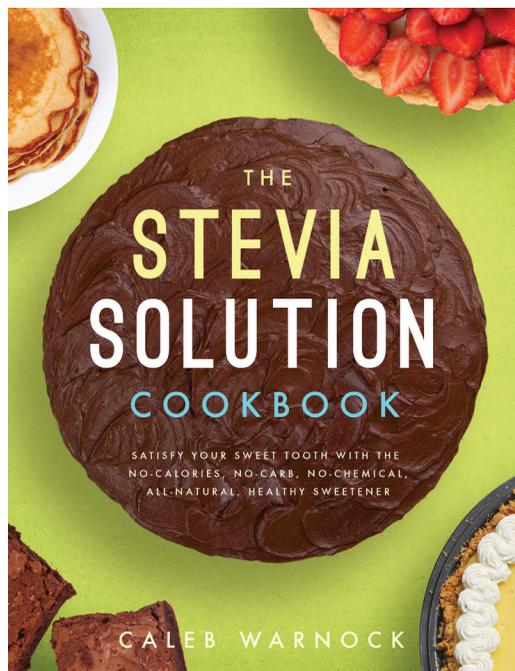
- Stevia has no calories, chemicals, or carbs.
- Stevia protects against type-II diabetes.
- Stevia is an anti-inflammatory.
- Stevia helps prevent cavities.

If you are looking for an alternative to today’s high-caloric, inflammatory, and health-debilitating sweeteners, *The Stevia Solution Cookbook* is for you!

WHY YOU’LL LOVE IT:

- The perfect introduction to stevia for a growing population that has heard of it but doesn’t yet know how to use it.
- More than 60 stevia-adapted recipes for everyone’s favorite pies, cakes, cookies, condiments, and more.
- Full-color photography throughout.
- The author, Caleb Warnock, is the author of multiple self-reliance books, including the *Familius Backyard Renaissance Collection*.

Keep your sweet tooth
happy without the guilt.



A complete guidebook to using stevia,
plus 60+ stevia-adapted recipes

ISBN-13: 9781942934066

Price: \$19.95 (USD)

Specs: Paperback with flaps, 160 pages, 7.5 x 9.8

CKB025000 - COOKING / Health & Healing / Diabetic & Sugar-Free

CKB059000 - COOKING / Specific Ingredients / Natural Foods

Pub Date: January 2016 Rights: World

CALEB WARNOCK

Caleb Warnock is the popular author of *Forgotten Skills of Self-Sufficiency*, *The Art of Baking with Natural Yeast*, *Backyard Winter Gardening For All Climates*, *More Forgotten Skills*, *Trouble's On The Menu*, and *The Backyard Renaissance Collection*. He is the owner of SeedRenaissance.com and blogs at CalebWarnock.blogspot.com, where you will find a link to join his email list to learn more about forgotten skills. He resides in Provo, Utah.



NEW & EXCITING



Chia Crazy

Clean Eating with the World's Greatest Superfood

BRITNEY RULE AND CHERIE SCHETSELAAR

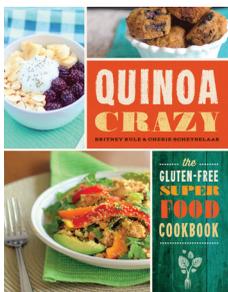
DESCRIPTION

Remember chia? Those little black seeds that grew “hair” for your Chia Pet? Well, they’re back, and they are actually incredibly healthy for you! These powerful little seeds are helpful for weight loss, are a great source of protein, antioxidants, and omega-3s, and can easily be added to many different types of foods. Still intimidated? Mother-daughter duo and *Grain Crazy* blog experts Cherie Schetselaar and Britney Rule have created healthy, clean-eating recipes to help walk you through using chia in your everyday cooking.

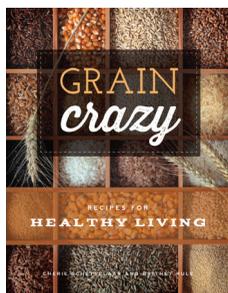
All of the *Chia Crazy* recipes use unprocessed and unrefined ingredients, whole grains, and honey instead of sugar. Recipes also include lots of fruits and vegetables to help you get the optimum amount of nutrients from your food, all in recipes you and your family will enjoy. From breakfasts to desserts, these easy, healthy recipes will make you fall in love with the superfood chia!

WHY YOU’LL LOVE IT

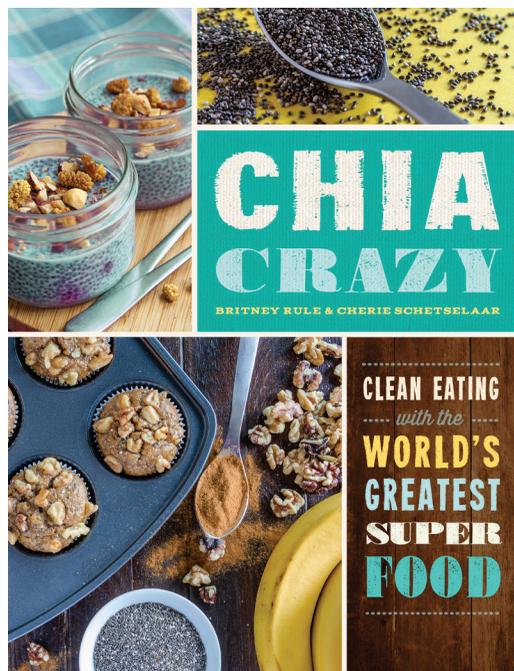
- Third book in the *Grain Crazy* series (*Grain Crazy*, *Quinoa Crazy*, and *Chia Crazy*).
- All three books focus on wholesome grains and natural food recipes to optimize health.
- Full-color photography throughout illustrates each recipe.
- Includes Chia 101, all the information you need to know to understand this superfood and why to use it.
- Authors are well connected with the grain world and healthy eating blog world.



ISBN-13: 978-1-939629-68-5



ISBN-13: 978-1-938301-80-3



Vibrant, colorful photos for every recipe

ISBN-13: 9781942672920

Price: \$19.95 (USD)

Specs: Paperback, 160 pages, 7.7" x 9.8"

BISAC Category:

CKB040000 - COOKING / Specific Ingredients / Herbs, Spices, Condiments

CKB026000 - COOKING / Health & Healing / Weight Control

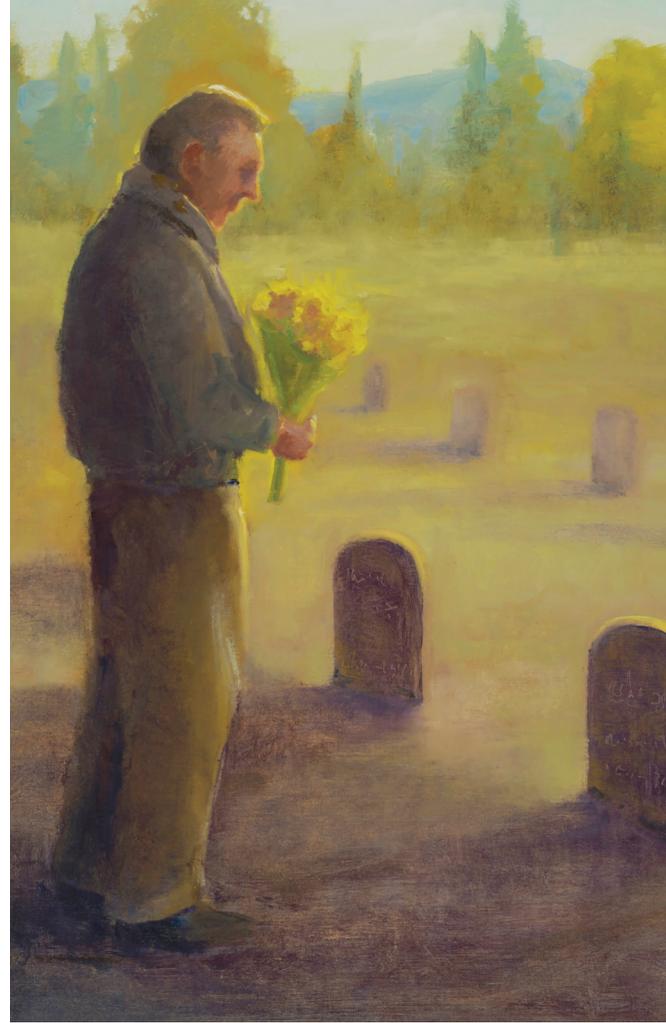
Pub Date: August 2015 Rights: World

BRITNEY RULE

Britney Rule is a mother with four very picky children. She is the coauthor of *Grain Crazy* and *Quinoa Crazy* and the author of the popular blog *Grain Crazy*. She resides in Utah.

CHERIE SCHETSELAAR

Cherie Schetselaar has a passion for chia. Anything this superfood seed can be used for, you can bet Cherie has tried it. From breakfast cereals to dinner dishes to desserts, she is the expert at incorporating the good-for-you ingredients. Cherie “healthifies” her cooking with healthy fats, cuts down on sugar, and doesn’t use processed foods. Cherie is a fabulous cook and the mother of seven children. All of them, and her husband, have been used as chia and other grain guinea pigs for trying out the best recipes.



The Great and the Grand

BENJAMIN FOX AND ELIZABETH ROBBINS
(ILLUSTRATOR)

A mother and her new baby take a day's journey to meet the grandfather for the first time, filling the day with memories and love.

DESCRIPTION

"The New knows softness.

The Old knows life can be hard.

The New holds on.

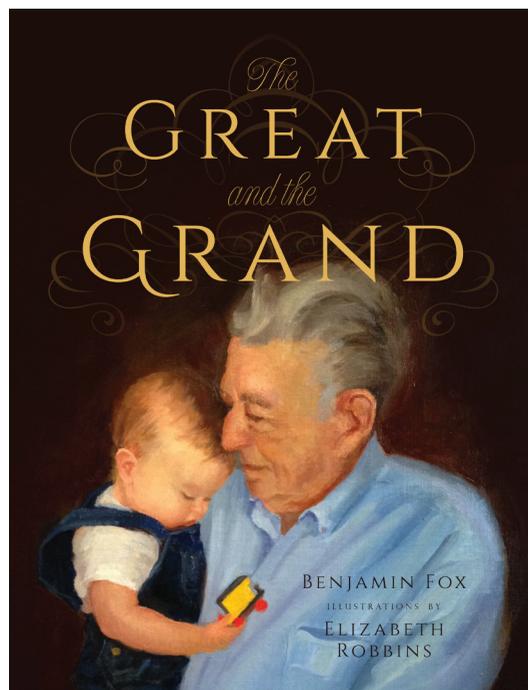
The Old is learning to let go."

First-time author Benjamin Fox uses simple words to explore the vastly deep themes of life and love as a new baby and an old grandfather prepare to meet each other for the first time. Illustrated by award-winning and nationally recognized artist Elizabeth Robbins, *The Great and the Grand* celebrates the beautiful balance of age and youth, experience and innocence, the Old and the New.

WHY YOU'LL LOVE IT

- The story juxtaposes the New (baby) and the Old (grandfather) and the coming of life as life ebbs away.
- Beautifully told story for new mothers and grandparents.
- Illustrated by nationally recognized and award-winning still-life artist Elizabeth Robbins.

A beautiful celebration of
the new, the old, and all
the love in between.



Illustrated by a nationally award-winning artist

ISBN-13: 9781942672975

Price: \$16.95 (USD)

Specs: Hardcover, 32 pages, 8.5" x 10"

BISAC Category:

JNF019040 - JUVENILE NONFICTION / Family / New Baby

JNF019060 - JUVENILE NONFICTION / Family / Parents

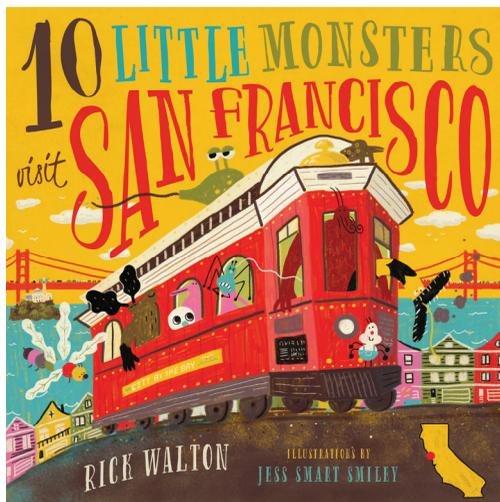
Pub Date: October 2015 Rights: World

BENJAMIN FOX

The Great and the Grand represents Benjamin Fox's first publication and his debut as a children's book writer. Benjamin is a UPS driver in North Salt Lake City, Utah, visiting the same 80+ businesses there for nearly twenty years and building relationships. His wife and three sons round out the rest of his "better 4/5ths."

ELIZABETH ROBBINS

Elizabeth Robbins is one of North America's most distinguished still-life artists. She has been featured in national art publications, galleries, and competitions around the United States. She resides in Ogden, Utah, and paints regularly in her art gallery, Bella Muse. She is the author of multiple books and DVDs on painting.



ISBN-13: 9781942672999

Price: \$16.95 (USD)

Specs: Hardcover, 32 pages, 10" x 10"

BISAC Category:

JNF018050 - JUVENILE NONFICTION / People & Places / United States / Other

Pub Date: September 2015

Rights: World

RICK WALTON

Rick Walton has had over 100 books published. His works include picture books, riddle books, activity books, mini-mysteries, a collection of poetry, and educational and game software. His books have been featured on the IRA Children's Choice list, *Reading Rainbow*, and on *CBS This Morning*. Rick teaches university courses on picture book writing and on the children's book publishing industry. He lives in Provo, Utah.

JESS SMART SMILEY

Jess Smart Smiley is a writer, illustrator, and designer living in Utah. His books include *Upside Down: A Vampire Tale* (Top Shelf Productions, 2012), *The Adventures of William Worm* (Piggy Press, 2013), *Rumpus on the Run: A Monster Look-n-Find Book* (Mascot Books, 2013), and *10 Little Monsters Visit Oregon*. He lives in Orem, Utah.

10 Little Monsters Visit San Francisco

RICK WALTON AND JESS SMART SMILEY

(ILLUSTRATOR)

10 Little Monsters, looking for fun, take a trip to San Francisco!

DESCRIPTION

10 Little Monsters love to play

At the Golden City by the Bay.

10 Little Monsters, they can't wait

To visit the city with the Golden Gate!

9 Little Monsters, rolling so sweet

Zig and zag down Lombard Street.

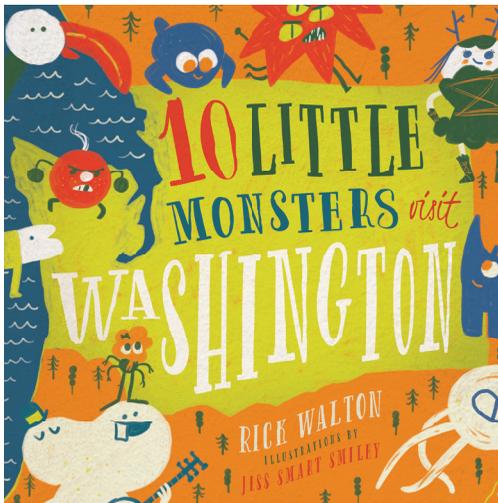
They laugh, they shout, with such delight—

But one turns left when he should have turned right.

From Alcatraz to Coit Tower and from Lombard Street to the Golden Gate Bridge, these 10 Little Monsters discover some of the most unique and interesting things about San Francisco and what it has to offer. Silly, over-the-top fun, and a bit macabre, *10 Little Monsters Visit San Francisco* is the perfect book for every little boy and ghoul!

WHY YOU'LL LOVE IT

- Third book in a series of new picture books focused on states and cities and 10 little monsters (Oregon, Washington, and San Francisco)
- Rick Walton has written more than 100 children's books, including *Once There Was a Bull . . . (frog)*, *Pig, Pigger, Piggest*, and *Frankenstein*, a retelling of *Madeline*.



ISBN-13: 9781942672982

Price: \$16.95 (USD)

Specs: Hardcover, 32 pages, 10" x 10"

BISAC Category:

JNF018050 - JUVENILE NONFICTION / People & Places / United States / Other

Pub Date: September 2015

Rights: World

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10 Little Monsters Visit Washington

RICK WALTON AND JESS SMART SMILEY

(ILLUSTRATOR)

10 Little Monsters, looking for fun, take a trip to Washington!

DESCRIPTION

9 Little Monsters loaded with gear

Start to hike up Mount Rainier.

They climb and they climb 'til they reach the top.

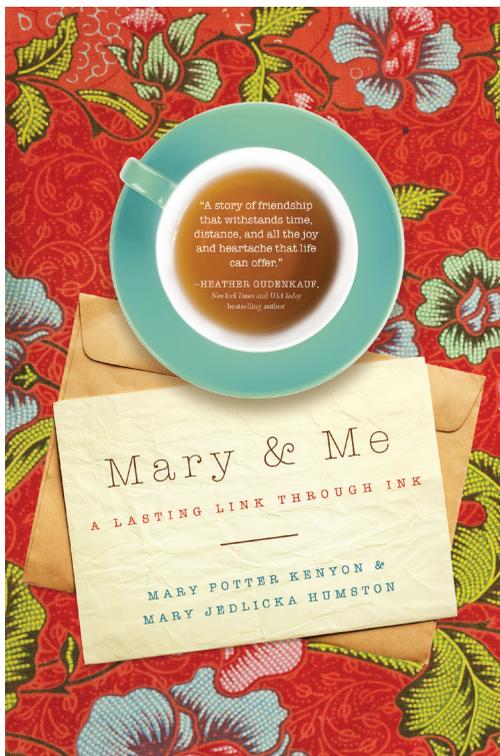
But one of the monsters forgets to stop.

From the trail of Lewis and Clark to Mount Rainier and Pike Place Market, these 10 Little Monsters discover some of the most unique and interesting things about Washington and what it has to offer. Silly, over-the-top fun, and a bit macabre, *10 Little Monsters Visit Washington* is the perfect book for every little boy and ghou!

WHY YOU'LL LOVE IT

- Second book in a series of new picture books focused on states and cities and 10 little monsters (Oregon, Washington, and San Francisco)
- Rick Walton has written more than 100 children's books, including *Once There Was a Bull . . . (frog)*, *Pig, Pigger, Piggest*, and *Frankenstein*, a retelling of *Madeline*.





ISBN-13: 9781942934028 Price: \$16.95 (USD)

Specs: Trade Paperback, 196 pages, 6 x 9

BISAC Category:

BIO026000 - BIOGRAPHY & AUTOBIOGRAPHY / Personal Memoirs

FAM021000 - FAMILY & RELATIONSHIPS / Friendship

Pub Date: September 2015 Rights: World

MARY POTTER KENYON

Mary Potter Kenyon graduated from the University of Northern Iowa with a BA in Psychology and is the director of the Winthrop Public Library. She is widely published in magazines, newspapers, and anthologies. Mary's public speaking repertoire includes the topics of couponing, writing, utilizing your talents in your everyday life, and finding hope and healing in grief. Mary lives in Manchester, Iowa, with three of her eight children.

MARY JEDLICKA HUMSTON

Mary Jedlicka Humston, a former high school teacher, graduated from the University of Northern Iowa with a BA in English Education. She has had over 150 poems and essays published at the local and national level in newspapers, magazines, books, and online. Mary has presented programs on cancer, dealing with chronic illness, prayer, writing, and the Little Free Library movement. She is a member of National League of American Pen Women and The University Club Writers of Iowa City. Mary lives in Iowa City with her husband, Jim.

Mary & Me

A Lasting Link Through Ink

MARY POTTER KENYON AND MARY

JEDLICKA HUMSTON

ENDORSEMENTS

"*Mary & Me* is a powerful testament to the beauty of friendship as told through decades of letter writing. In a disarmingly personal depiction, Kenyon and Humston lead us through a story of friendship that withstands time, distance, and all the joy and heartache that life can offer."

—Heather Gudenkauf, *New York Times* and *USA Today*
bestselling author

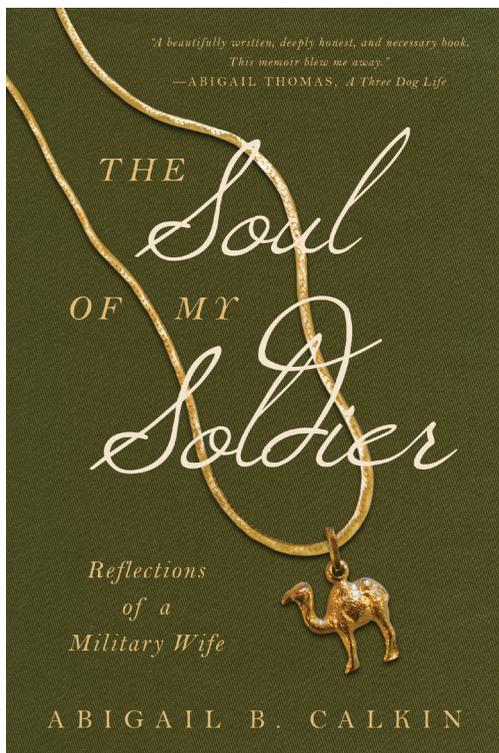
DESCRIPTION

Mary & Me: A Lasting Link Through Ink explores a thirty-year friendship between two women: one who had never learned to cultivate female friendships, and the other who had managed to gather and maintain a large group of friends throughout her adult life. The fact that thousands of handwritten letters between them tethered these two together is just part of the intriguing story.

Coauthors Mary Potter Kenyon—author of *Refined by Fire*, *Coupon Crazy*, and *Chemo-Therapist*—and Mary Jedlicka Humston share an unforgettable friendship that will inspire you to pick up your pen and begin writing "Dear . . ."

WHY YOU'LL LOVE IT

- Mary Potter Kenyon is a librarian and frequent guest speaker to women's groups.
- *Mary & Me* explores topics of mutual interest in their thirty-year friendship that readers can relate to their own female relationships.
- Guest essayists from across the nation explore other aspects of female friendship that are unusual or unique. These essayists are key "salespeople," promoting the book to their own circles of influence.
- The thousands of handwritten letters shared between the two friends is a unique aspect of their friendship.
- The discussion section at the back makes it an ideal book for book clubs and women's groups.
- Readers will get ideas about forming their own female friendships or ways to strengthen existing friendships.



A memoir from an award-winning poet

ISBN-13: 9781942672944

Price: \$16.95 (USD)

Specs: Trade Paperback, 196 pages, 6 x 9

BISAC Category:

FAM055000 - FAMILY & RELATIONSHIPS / Military Families

FAM030000 - FAMILY & RELATIONSHIPS / Marriage & Long Term Relationships

SELO43000 - SELF-HELP / Post-Traumatic Stress Disorder (PTSD)

Pub Date: October 2015

Rights: World

ABIGAIL B. CALKIN

Abigail B. Calkin was born in Boston and raised in New England and New York's Greenwich Village. After moving to a few other states and living in Scotland, she settled in a very small town in Alaska's bush. Her first novel, and fourth book, *Nikolin*, was shortlisted for a Benjamin Franklin award when it came out in 1994. She ventured into writing about commercial fishing when the woman wallpapering her house told her the story of her husband's fishing disaster and Coast Guard rescue. The events tumbled into her thoughts and became *The Night Orion Fell*. She also has had poetry, behavior analysis articles, and other nonfiction published. She and her husband live in Alaska.

The Soul of My Soldier

Reflections of a Military Wife

ABIGAIL B. CALKIN

ENDORSEMENTS

"Abigail Calkin gives a very personal account of the issues faced and the coping skills acquired over a decades-long marriage that is at once instructive and deeply touching in its unfolding . . . No two wars are the same, yet the physical and mental anguish sustained in every one of them have remarkable similarities."

—Paul Busick, Rear Admiral, USCG (ret.)

"Calkin's description of her own marriage appears to be a metaphor for military service itself, whereby persistence and commitment to something larger than oneself delivers intrinsic rewards in spades."

—Dr. Kent A. Corso, OEF Veteran and President of NCR Behavioral Health

"Abigail Calkin's memoir is a beautifully written, deeply honest, and necessary book. This memoir blew me away."

—Abigail Thomas, author of *A Three Dog Life* and *Safekeeping*

DESCRIPTION

After forty-five years of marriage, celebrated author and poet Abigail B. Calkin explores the relationship she has with her husband, who served three tours of duty in two different wars. Raw, riveting, and engaging, Calkin recounts how war and post-traumatic stress disorder (PTSD) shaped their marriage and family. Told in prose and poetry, *The Soul of My Soldier* is a vivid exploration of the extended and significant impact war has on loved ones and how war affects deployed military personnel far beyond their tour of duty.

WHY YOU'LL LOVE IT

- Moving, raw, and beautiful memoir recounts the many experiences living with a soldier and how PTSD and war influenced their relationship.
- Author is an award-winning writer and poet.
- Author recounts her own family history of war service and its impact on family life.
- Memoir also explores the impact of war on deployed military personnel and civilians.

"AN INVALUABLE RESOURCE FOR PARENTS, JOLENE GETS IT."
—CHRISTOPHER ROBBINS, AUTHOR OF *LIVING IN THE TRENCHES*

Does My Child Have PTSD?

What to Do When Your Child Is Hurting from the Inside Out

JOLENE PHILO

Does My Child Have PTSD?

What to Do When Your Child Is Hurting from the Inside Out

JOLENE PHILO

ENDORSEMENT

"Jolene Philo is in a unique position to write with both expertise and compassion . . . parents are seeking readable and useful information and Philo delivers!"

—Susan H. Badeau, President of the North American Council on Adoptable Children

DESCRIPTION

Is it possible that the struggles you have with your child may be because he or she suffers from post-traumatic stress syndrome? Once ignored, even by the medical professionals treating war veterans, PTSD is gaining global recognition as a very real and serious issue for those who have experienced traumatic events, even children.

When children experience medical illness, witness violence, or are abused, it can leave a lasting effect. According to recent studies, 50 to 60 percent of children who experience these traumas early in life may suffer from a form of PTSD, leading to issues in childhood, through adolescence, and even into adulthood. *Does My Child Have PTSD?* is designed for readers looking for answers about the puzzling, disturbing behaviors of children in their care. With years of research and personal experience, Philo provides critical information to help people understand causes, symptoms, prevention, and effective diagnosis, treatment, and care for any child struggling with PTSD.

WHY YOU'LL LOVE IT

- Informs readers about the causes, symptoms, treatment, and prevention of post-traumatic stress in children so they are equipped to advocate for early, effective diagnosis and treatment.
- Statistics show that more than 68 percent of children and adolescents will experience a potentially traumatic event by the age of sixteen.
- *Does My Child Have PTSD?* includes the author's own twenty-six year journey exploring her son's PTSD, interviews with pioneering mental health professionals, and best practices in the diagnosis, treatment, and prevention of PTSD.
- Includes reflection questions and lists of resources.

ISBN-13: 9781942934011

Price: \$17.95 (USD)

Specs: Trade Paperback, 256 pages, 6 x 9

BISAC Category:

PSY022040 - PSYCHOLOGY / Psychopathology / Post-Traumatic Stress Disorder (PTSD)

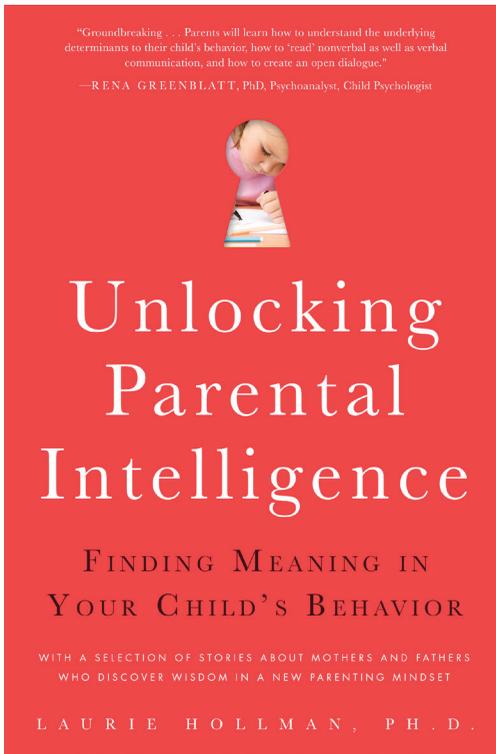
FAM034000 - FAMILY & RELATIONSHIPS / Parenting / General

Pub Date: October 2015 Rights: World

JOLENE PHILO

Jolene Philo speaks at special needs conferences, both parent and professional, around the country. Professional and personal experiences allow Philo to address childhood trauma and PTSD from several perspectives. She is a parent who advocated within the health care community for two decades for her child who lived with PTSD for twenty-six years. Philo has also written over 100 articles for magazines such as *Health Connect*, *ParentLife*, *Focus on the Family*, *Indeed*, *Facets for Women*, *P31 Woman*, and *Home Cooking*. She's been interviewed about special needs parenting on radio stations across the country. She lives in Boone, Iowa.

A groundbreaking guide for parents.



National parenting expert and writer

ISBN-13: 9781942934042

Price: \$16.95 (USD)

Specs: Trade Paperback, 224 pages, 6 x 9

BISAC Category:

FAM034000 - FAMILY & RELATIONSHIPS / Parenting / General

FAM010000 - FAMILY & RELATIONSHIPS / Parenting / Child Rearing

Pub Date: October 2015

Rights: World

LAURIE HOLLMAN, PH.D.

Laurie Hollman, PhD, is a psychoanalyst with specialized clinical training in infant-parent, child, adolescent, and adult psychotherapy. Dr. Hollman is widely published on topics relevant to parents and children such as juried articles and chapters in the international *Psychoanalytic Study of the Child*, *The International Journal of Infant Observation*, and the *Inner World of the Mother*. She is a frequent guest writer for popular parenting websites that reach over 500,000 viewers of *Moms Magazine*, *Mommy Bloggers*, *Natural Parenting Network*, *Positive Parenting Ally*, *Love That Max*, and *Parenting London Child*. She lives in Cold Spring Harbor, New York.

Unlocking Parental Intelligence

Finding Meaning in Your Child's Behavior

LAURIE HOLLMAN, PH.D.

ENDORSEMENT

"Groundbreaking . . . Parents will learn how to understand the underlying determinants to their child's behavior, how to 'read' nonverbal as well as verbal communication, and how to create an open dialogue."

—Rena Greenblatt, PhD, Psychoanalyst, Child Psychologist

DESCRIPTION

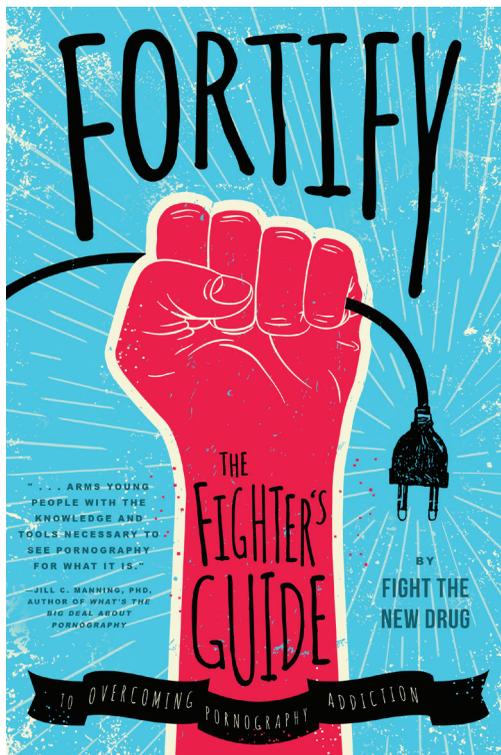
In *Unlocking Parental Intelligence*, long-experienced psychoanalyst Laurie Hollman, PhD, challenges parents to become meaning-makers. Believing parents' potential to understand their child's misbehaviors is vastly underestimated, Hollman tackles the idea that when parents reach into their own knowledge of their children, they discover misbehaviors are not only meaningful, but a catalyst to change.

Dr. Hollman relates her five-step road map to Parental Intelligence through lively, compassionate storytelling. This accessible read is a serious, rewarding book that enlightens, uplifts, and relieves while cultivating critical thinking on the part of parents and children as they wrestle with the common, sometimes desperate vexations of family life.

WHY YOU'LL LOVE IT

- Combines a "how-to approach" with a new parenting perspective of child behavior.
- Helps parents navigate through happy and distressing times, regardless of child development stage.
- "Bad" behavior will no longer be part of a parent's view of how their children act. Instead, behaviors or actions will be understood as requests for communication and understanding when words can't be found or don't suffice.
- Overarching meanings behind child behavior will be unmasked leading to effective problem solving and deep, sustained parent-child bonds.

The smarter way to parent.



ISBN-13: 9781942934127

Price: \$17.95 (USD)

Specs: Trade Paperback, 256 pages, 6 x 9

BISAC Category:

SEL041040 - SELF-HELP / Compulsive Behavior / Sex & Pornography Addiction

JNF024090 - JUVENILE NONFICTION / Health & Daily Living / Sexuality & Pregnancy

Pub Date: October 2015

Rights: World

FIGHT THE NEW DRUG

Fight the New Drug, a global nonprofit organization focused on educating society about the harmful effects of pornography, has close to 600,000 Facebook likes and is an active promoter online and through today's print and social media, including NPR, *The New York Times*, *The Wall Street Journal*, and many more.

A comprehensive guide for young adults fighting pornography addiction.

Fortify

The Fighter's Guide to Overcoming Pornography Addiction

FIGHT THE NEW DRUG

ENDORSEMENTS

"... arms young people with the knowledge and tools necessary to see pornography for what it is—harmful, addictive, and completely unnecessary."

—Jill C. Manning, PhD, author of *What's the Big Deal about Pornography*

"This book will help to stem the tide of one of the greatest epidemics that has ever plagued our society."

—Kipp Dana, MA, Executive Director at High Country Behavioral Health, Addictions Therapist

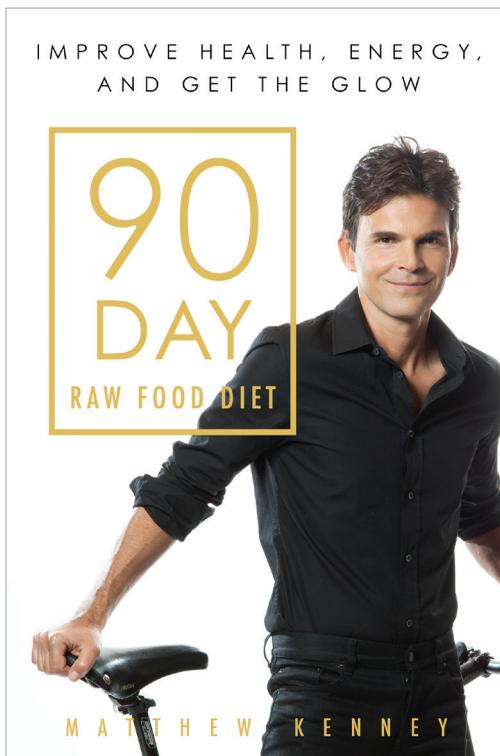
DESCRIPTION

The problem with pornography addiction has never been worse. Tens of thousands of young people—as young as seven and eight years old—are finding that pornography has control over their life. *Fortify: The Fighter's Ultimate Guide to Overcoming Pornography Addiction*, authored by the hip non-profit organization Fight the New Drug, is a complete guide to helping young men and women find the tools, gain the education, and uncover the resources necessary to help themselves and others overcome this addiction.

Using research and advice from addiction recovery specialists and therapists, *Fortify* explains why pornography acts like an addictive drug. The book arms teens and young adults with the tools and confidence they need to fight the addiction by guiding them through a basic training program for themselves and others around them. By fortifying themselves, their relationships, and their world against pornography addiction, readers are ready to join with other fighters in the stand against pornography and its harmful effects.

WHY YOU'LL LOVE IT

- Vetted by some of the best therapists, this book provides a full program to help teens recover from and fortify themselves against addiction.



90-Day Raw Food Diet

Improve Health, Energy, and Get the Glow!

MATTHEW KENNEY

PRAISE FOR KENNEY

"[Kenney] is a virtuoso when it comes to raw and living cuisine."

—*Huffington Post*

"We love and support the message that Matthew is sending to the world."

—James Cameron and Suzy Amis

DESCRIPTION

Matthew Kenney's *90-Day Raw Food Diet* is a 90-day program to help people who are interested in improving their health and energy by changing how and what they eat. Focusing on Michael Pollan's mantra, "Eat food, not too much, mostly plants," Kenney provides a day-by-day, structured program of recipes, exercise, and lifestyle tips to optimize health and energy and, as the raw foodists say, get the glow!

WHY YOU'LL LOVE IT

- Provides a foolproof program for those interested in finding greater health.
- Author is leading expert on raw food.
- National marketing campaign.
- Includes alternative ingredients for those hesitant to adopt a 100-percent raw diet.

Raw-food diet from an award-winning chef

ISBN-13: 9781942934073 Price: \$16.95 (USD)

Specs: Trade Paperback, 196 pages, 6 x 9

BISAC Category:

HEA048000 - HEALTH & FITNESS / Diet & Nutrition / General

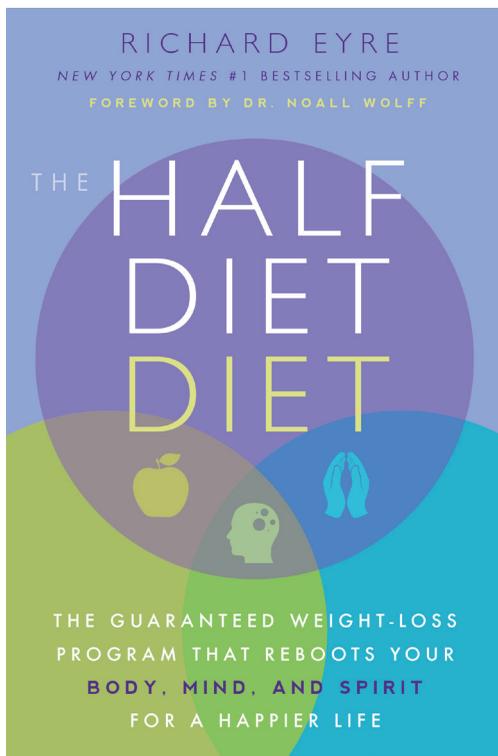
CKB110000 - COOKING / Methods / Raw Food

Pub Date: January 2016 Rights: World

MATTHEW KENNEY

Chef, author, and entrepreneur Matthew Kenney is the world's foremost expert in raw cuisine. Kenney has given two high-profile TEDx talks and frequently lectures as a keynote speaker at food and philanthropy events around the globe. He has authored 11 cookbooks, including, *Raw Food Real World*, *Raw Chocolate*, *Everyday Raw Detox*, and the newest release, *Cooked Raw*. Matthew Kenney Culinary Academies train professional chefs, as well as novices and enthusiasts, in a variety of plant-based cuisine courses. As a classically trained chef who developed an integrative distinct plant-based lifestyle brand, Matthew Kenney Cuisine offers hospitality, media, services, education, and products. In addition to the company's physical locations, Matthew Kenney Academy Online graduates students from all over the world. Matthew has been named *Food & Wine* Best New Chef and was twice-nominated as the James Beard Foundation's Rising Star Chef. He lives in Los Angeles, California.

Get the glow in
90 days.



The Half-Diet Diet

The Guaranteed Weight-Loss Program that Reboots Your Body, Mind, and Spirit for a Happier Life

RICHARD EYRE

WITH FOREWORD BY DR. NOALL WOLFF

DESCRIPTION

The Half-Diet Diet is an accessible and universal weight-loss program. Rather than focusing on convoluted and challenging diets, Richard Eyre, bestselling author of *Teaching Your Children Values* and *The Turning*, provides a simpler way to control your appetite and lose weight forever:

- Level One: The Physical Diet—Learn what your body really needs and how controlling your appetite is about more than physical strength.
- Level Two: The Mental Diet—Learn to live more fully at half speed, and strengthen your mind to be master of your body.
- Level Three: The Spiritual Diet—Connect to your body and mind through your spirit.

More than just a weight-loss program, *The Half-Diet Diet* helps you meet your weight-loss goals by taming your physical, mental, and spiritual appetites. The most complete diet book to date, *The Half-Diet Diet* is guaranteed to improve your body, mind, and spirit!

WHY YOU'LL LOVE IT

- Richard Eyre has focused most of his writing on parenting and family issues. With *The Half-Diet Diet*, Richard is stepping into the genre of healthy living, using practical advice and research to create a book to help people live happier lives.
- Rather than focusing on restrictive diets or trendy health methods, Richard has readers focus on moderation in all things. He helps them learn how to control their appetites on a physical, mental, and spiritual level, creating a balance for happy, healthy living.
- Focus goes beyond eating habits, covering mental and spiritual habits as well.
- Authors tour the globe, speaking to CEOs, retirees, and families about wellness, values, and health.

New York Times #1 bestselling author

ISBN-13: 9781942934134

Price: \$16.95 (USD)

Specs: Trade Paperback, 196 pages, 6 x 9

BISAC Category:

HEA006000 - HEALTH & FITNESS / Diet & Nutrition / Diets

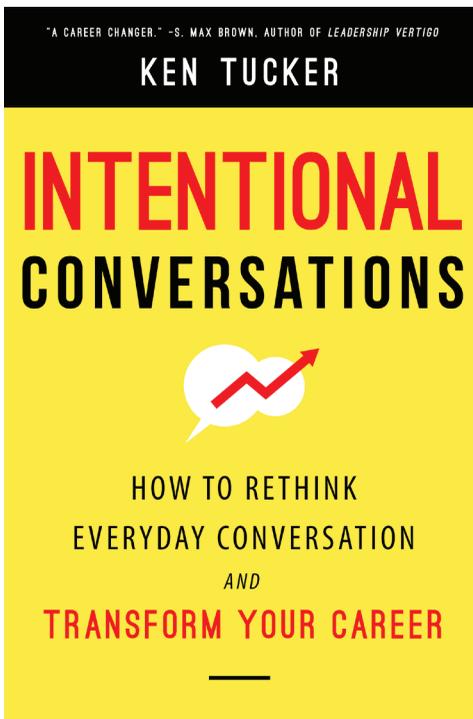
HEA048000 - HEALTH & FITNESS / Diet & Nutrition / General

Pub Date: February 2016

Rights: World

RICHARD EYRE

Richard Eyre is a *New York Times* #1 bestselling author whose writing career has spanned four decades and whose books have sold in the millions. He has appeared on virtually all major national talk shows, including *Oprah* and *Today*, and has seen his books translated into a dozen languages. He writes a syndicated weekly newspaper column and currently spends most of his time traveling and speaking to audiences throughout the world on families, parenting, and life-balance (and trying to keep up with his twenty-six grandchildren). Richard's vision statement is "Fortify families by celebrating commitment, popularizing parenting, bolstering balance, and validating values." He lives in Park City, Utah.



ISBN-13: 9781942672906

Price: \$16.95 (USD)

Specs: Trade Paperback, 200 pages, 6 x 9

BISAC Category:

BUS007000 - BUSINESS & ECONOMICS / Business Communication / General

BUS047000 - BUSINESS & ECONOMICS / Negotiating

Pub Date: August 2015 Rights: World

KEN TUCKER

As a thought leader, Ken Tucker brings many years of being a highly sought-after speaker and principle consultant, formerly with The Gallup Organization, then as Strategic Consultant and CEO of Ken Tucker and Associates, LLC, and now senior partner at TAG Consulting. He is coauthor of *Animals, Inc: A Business Parable for the 21st Century* (Warner Books, February 2004) and author of *Are You Fascinated? The Four People You Need to Succeed* (Dailey Swann Publishing, August 2009), and coauthor of *The Leadership Triangle*, along with Todd Hahn and Shane Roberson of *Your Intentional Difference: One Word Changes Everything*. He is a regular contributor to management columns. He lives in Herndon, Virginia.

Everyday conversations
matter more than you think.

Intentional Conversations

*How to Rethink Everyday Conversation
and Transform Your Career*

KEN TUCKER

DESCRIPTION

Using six steps and a “SECRET” formula, international speaker, Fortune 500 strategist, and bestselling management author Ken Tucker explores the challenging skill sets required to navigate conflict and crucial conversations effectively.

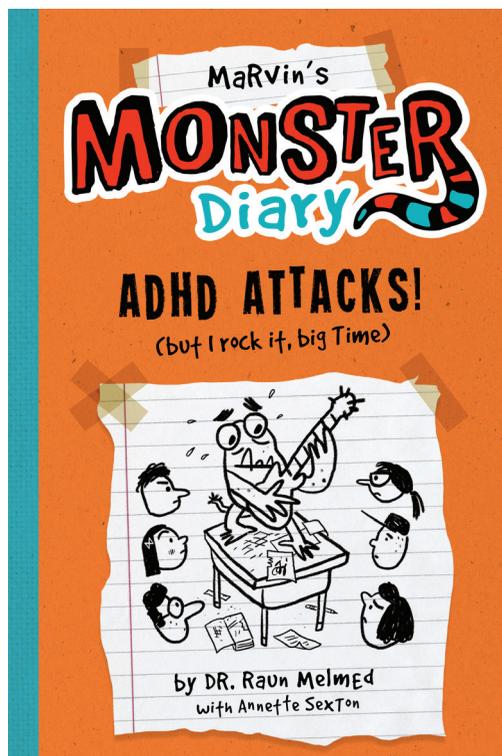
Drawing upon decades of experience in the corporate and government worlds, Tucker teaches leaders how to say what they really need to say and say it right so that their people and organizations execute the results they want and need.

Intentional Conversations includes:

- Context and conversations that lead to good results and those that don’t.
- How leaders can use the “SECRET” process to enhance their success at work and in life.
- Creative sidebars and QR media links that illustrate the principles in the book.

WHY YOU’LL LOVE IT

- Ken Tucker is the author of multiple bestselling business and management books, including *The Leadership Triangle* and *Your Intentional Difference*.
- Author is a senior consultant for TAG, an international consulting firm focused on leadership.
- *Intentional Conversations* provides clear concepts to change conflict-filled conversations into meaningful and forward-moving opportunities.
- Author is an executive coach and leadership strategist for Fortune 500 companies and government agencies in the U.S., Mexico, United Kingdom, and Australia.
- Author has been interviewed by Sam Donaldson, appeared on Bloomberg Television, and shared speaking platforms with Colin Powell, Jim Collins, and Marcus Buckingham.



ISBN-13: 9781942934103 Price: \$12.95 (USD)

Specs: Trade Paperback, 80 pages, 5 x 8

BISAC Category:

PSY022010 - PSYCHOLOGY / Psychopathology / Attention-Deficit Disorder (ADD-ADHD)

JUV039150 - JUVENILE FICTION / Social Issues / Special Needs

Pub Date: January 2016 Rights: World

DR. RAUN MELMED

Dr. Raun Melmed is a developmental and behavioral pediatrician. He founded Developmental Pediatric Associates, now known as the Melmed Center, in 1989, where he is currently the medical director. He is also a co-founder and the medical director of the Southwest Autism Research and Resource Center and is an Adjunct Senior Researcher at the Translational Genomics Institute in Phoenix. He is the coauthor of *Succeeding with Difficult Children* and is principal investigator in numerous studies including the use of novel therapeutic agents in the treatment of ADHD and autism. He lives in Arizona.

ANNETTE SEXTON

Annette Sexton graduated from Brigham Young University with a BA in English. Diagnosed with ADHD at age ten, she is excited to be a part of helping kids face and overcome some familiar challenges. She lives in Ithaca, New York, with her husband and their two daughters.

Marvin's Monster Diary

ADHD Attacks! (But I Rock It, Big Time)

DR. RAUN MELMED WITH ANNETTE SEXTON
ILLUSTRATIONS BY JESS SMART SMILEY

DESCRIPTION

Meet Marvin, a lovable monster with a twelve-stringed baby fang guitar, a rambunctious case of ADHD, and a diary to record it all. His teachers scold him, his parents don't know what to do with him, and his sister is convinced he was raised by triple-tailed monkeys. In short, Marvin's life is feeling out of control—until a secret formula changes everything.

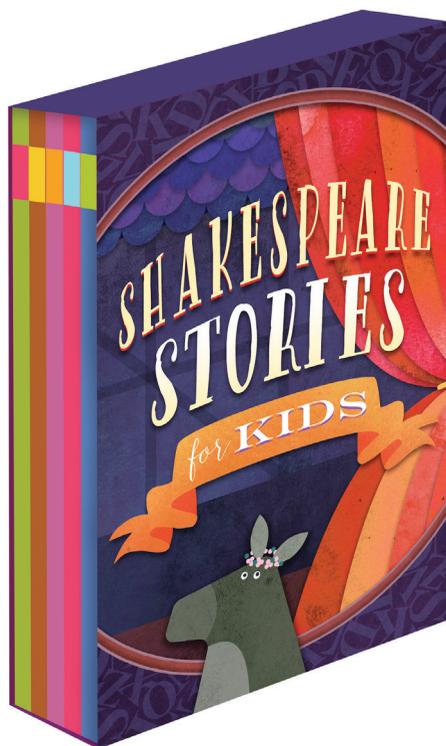
In the same humorous spirit of *Diary of a Wimpy Kid* comes *Marvin's Monster Diary: ADHD Attacks! (And I Win, Big Time)*. Using the “monstercam” and “ST4” techniques developed by Dr. Raun Melmed of the Melmed Center in Arizona, *Marvin's Monster Diary* teaches kids how to be mindful, observe their surroundings, and take time to think about their actions. Marvin's hilarious doodles and diary entries chronicle his delightful adventures, misadventures, and eventual triumph in a funny, relatable way. It's the one book on ADHD that kids will actually want to read!

WHY YOU'LL LOVE IT

- Connects and relates with kids in a way that many special needs books for children struggle to do.
- Hilarious doodles on every page.
- Doesn't just explain ADHD, but provides simple, concrete techniques (“monstercam” and “ST4”) that kids can use to be mindful and focus.
- Includes a section for parents and teachers to better understand the techniques and other overall strategies for working with a child with ADHD.
- Clinical underpinnings for the book comes from Dr. Raun Melmed, the medical director of the Melmed Center in Scottsdale, AZ.

JESS SMART SMILEY

Jess Smart Smiley is a writer, illustrator, and designer living in Utah. His books include *Upside Down: A Vampire Tale* (Top Shelf Productions, 2012), *The Adventures of William Worm* (Piggy Press, 2013), *Rumpus on the Run: A Monster Look-n-Find Book* (Mascot Books, 2013), and *10 Little Monsters Visit Oregon*. He lives in Orem, Utah.



A five-book set of Shakespeare stories

ISBN-13: 9781939629777

Price: \$19.95 (USD)

Specs: Trade Paperback Slip-Cased Set (5 Books), 64 pages each, 5 x 8

BISAC Category:

JNF034000 - JUVENILE NONFICTION / Literary Criticism & Collections

Pub Date: October 2015

Rights: North America



Shakespeare Stories for Kids

5 Classic Works Adapted for Kids: A Midsummer Night's Dream, Macbeth, Much Ado About Nothing, All's Well that Ends Well, and The Tempest

FAMILIUS

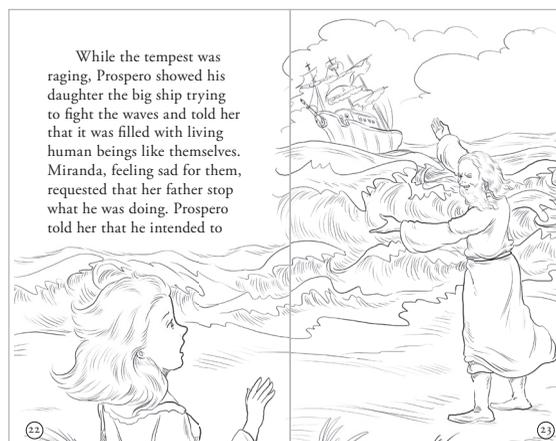
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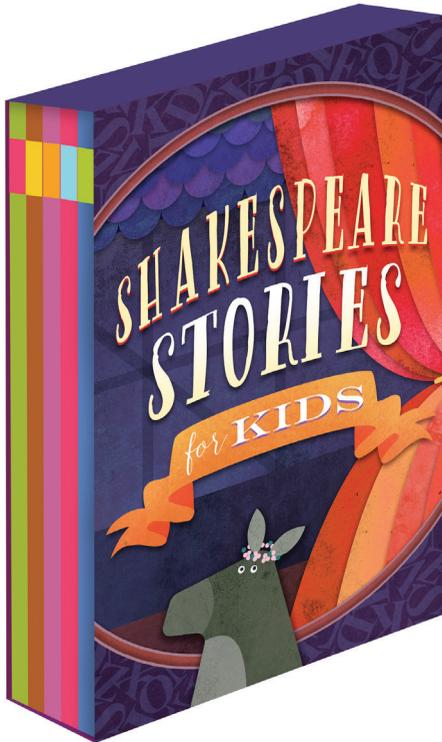
Five classic works fully illustrated and adapted for young readers, *Shakespeare Stories for Kids* collects five important plays in a beautifully crafted slipcase for the beginning bard. A treasure of delight for any child beginning his or her adventure with the greatest playwright in history. This volume includes:

- *A Midsummer Night's Dream*
- *Macbeth*
- *Much Ado About Nothing*
- *All's Well That Ends Well*, and
- *The Tempest*

WHY YOU'LL LOVE IT

- Fully illustrated and adapted selection of five Shakespeare plays for kids.
- Five titles slipcased in the first of four Shakespeare classic libraries.





A five-book set of Shakespeare stories

ISBN-13: 9781939629777

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Pub Date: October 2015

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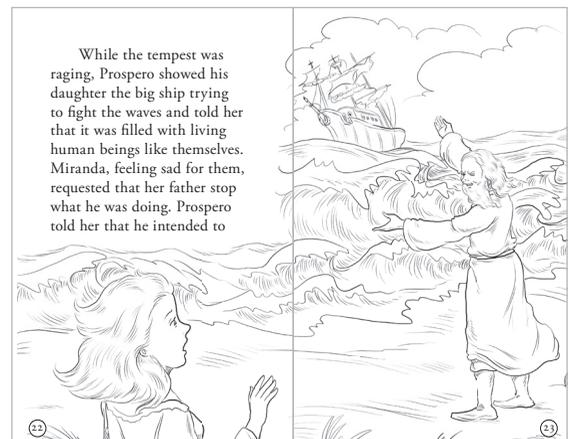
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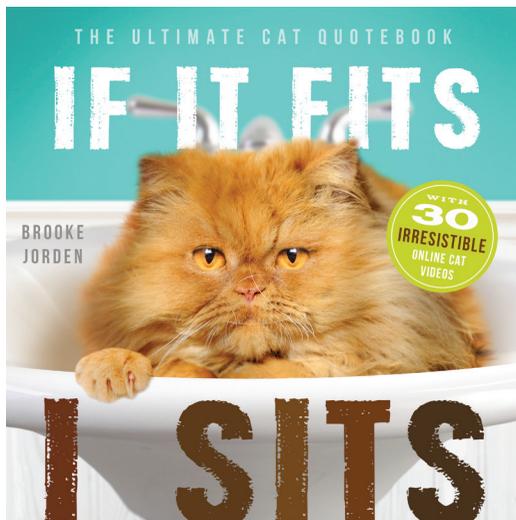
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- *A Midsummer Night's Dream*
- *Macbeth*
- *Much Ado About Nothing*
- *All's Well That Ends Well*, and
- *The Tempest*

WHY YOU'LL LOVE IT

- Fully illustrated and adapted selection of five Shakespeare plays for kids.
- Five titles slipcased in the first of four Shakespeare classic libraries.





Includes full-color photography and hilarious Internet videos throughout

ISBN-13: 9781942672968

Price: \$14.95 (USD)

Specs: Hardcover with jacket, 160 pages, 7 x 7

BISAC Category:

PET003000 - PETS / Cats / General

Pub Date: September 2015

Rights: World

BROOKE JORDEN

Brooke Jordan is a converted cat lover. Brooke earned a BA in English and editing from Brigham Young University. Academically, Brooke's studies focused on film adaptation and fairy tales, and she presented her research most recently at the 2013 PCA/ACA National Conference in Washington, DC. Brooke previously wrote for *Stowaway*, a travel magazine, and worked on staff as an editor and senior designer. The coauthor of *The Quotable Mom* and *The Quotable Dad*, Brooke is now a managing editor at Familius. Brooke is also a licensed Zumba® Fitness instructor, teaching several classes a week. The oldest of seven children and a believer in the importance of family, Brooke is proud to be a part of the Familius family and is a proponent of its mission. She currently lives in Utah with her husband, Tyler, and their adorable cat, Sadie.



Includes links to dozens of the Internet's BEST cat videos, like this one.

If It Fits, I Sits

The Ultimate Cat Quotebook

BROOKE JORDEN

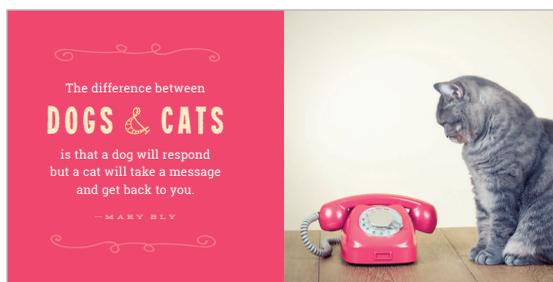
DESCRIPTION

“The mathematical probability of a common cat doing exactly as it pleases is the one scientific absolute in the world.” —Lynn M. Osband

Cats—either you love 'em or you love to hate 'em, but no one can deny that these little felines are fascinating creatures. Cats are known (and loved) for their peculiarities, from the predictable to the utterly perplexing. With QR links to the internet's greatest cat videos and quotes from cat-lovers and cat-toleraters alike, *If It Fits, I Sits* is a new kind of quote book.

WHY YOU'LL LOVE IT

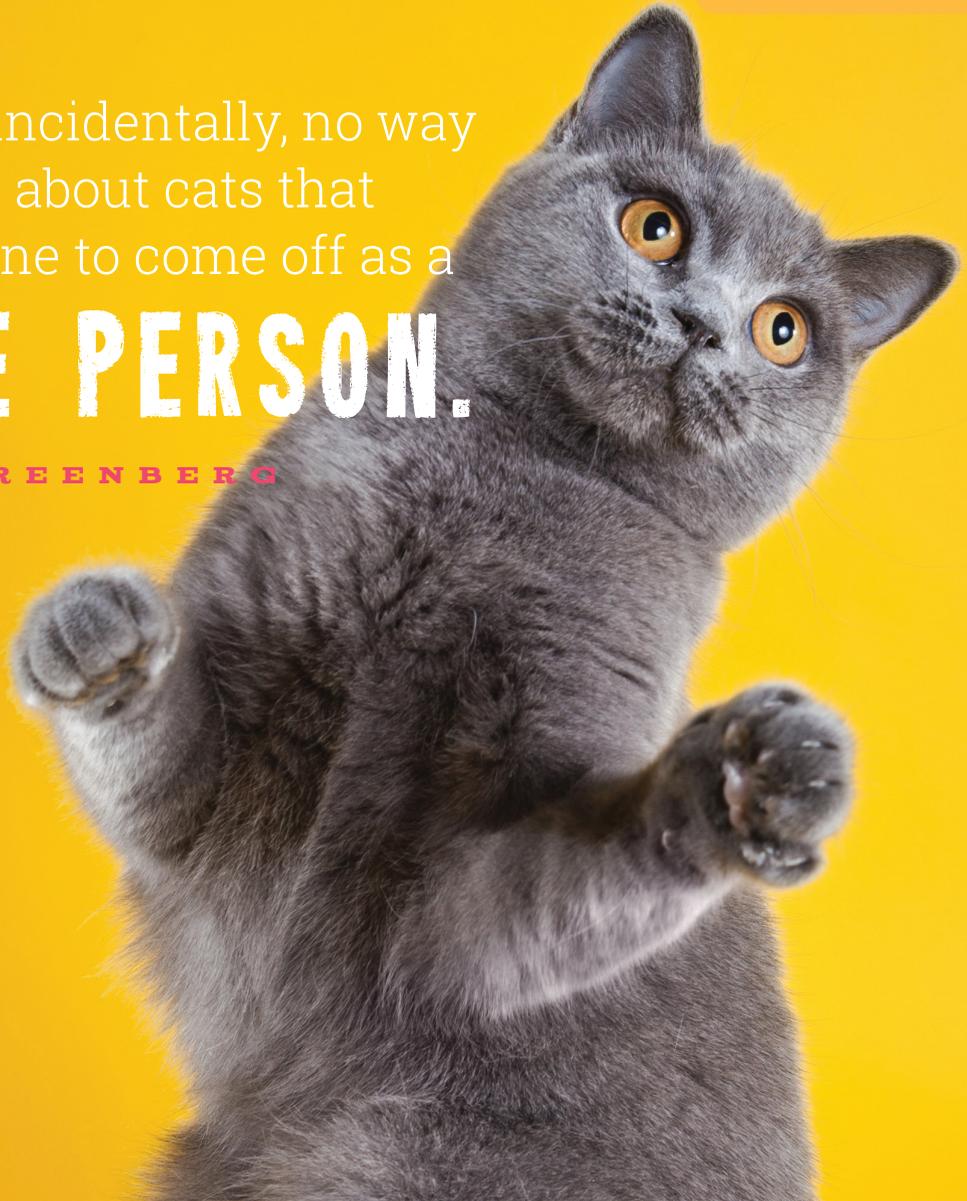
- Filled with humorous, beautiful, insightful, and brutally honest quotes about cats and their peculiarities.
- Organized by the relationship with the cat, the book has quotes from artists, philosophers, cat lovers, dog people, and many more.
- QR codes throughout link to funny and heartwarming YouTube videos of cats (brings quote book to a younger audience, too).
- Full-color photography throughout.

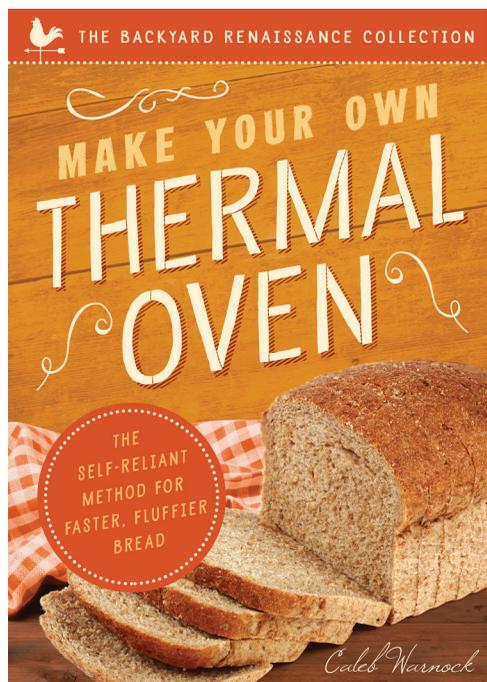


There is, incidentally, no way
of talking about cats that
enables one to come off as a

SANE PERSON.

— DAN GREENBERG





 THE BACKYARD RENAISSANCE COLLECTION

Make Your Own Thermal Oven

The Self-Reliant Method for Faster, Fluffier Bread

CALEB WARNOCK

DESCRIPTION

When you are proofing (raising) bread dough, there is nothing better than a thermal oven. The consistent, long-lasting warmth allows the bread to be spongier and fluffier than any other method. No wonder people have used thermal ovens to raise bread for centuries!

Caleb Warnock's clear instructions and experienced advice allow readers to inexpensively create and use a homemade thermal oven that will proof up to eight loaves of bread at one time or two trays of cinnamon or dinner rolls. This fantastic addition to the Backyard Renaissance Collection includes:

- instructions on how to create a one-of-a-kind thermal oven for only \$20;
- instructions on how to make your oven portable and use it as an oven, a freezer, a cooler, or a heat bag;
- how to make your own yeast;
- multiple recipes;
- Caleb's bread-making tips and tricks;
- and much more in this tiny book packed with bread-making secrets.

WHY YOU'LL LOVE IT

- Third book in The Backyard Renaissance Collection (with *Make Your Own Cheese* and *Make Your Own Hard Lotion*).
- Thermal ovens have been used for centuries and are the best way to create spongier, fluffier bread, rising faster than any other method.
- Caleb Warnock is a self-sufficiency expert with multiple books published.
- This one-of-a-kind oven costs less than \$20 to make and is transportable.
- Works with multiple pan sizes and bread types.

ISBN-13: 9781942672951

Price: \$5.95 (USD)

Specs: Paperback, 40 pages, 5 x 7

BISAC Category:

CKB009000 - COOKING / Courses & Dishes / Bread

HOM022000 - HOUSE & HOME / Sustainable Living

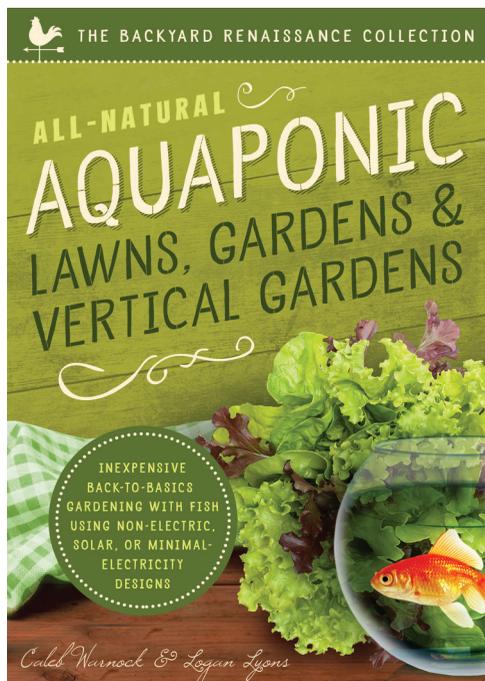
Pub Date: August 2015

Rights: World

CALEB WARNOCK

Caleb Warnock is the popular author of *Forgotten Skills of Self-Sufficiency*, *Backyard Winter Gardening For All Climates*, *More Forgotten Skills*, and *The Backyard Renaissance Collection*. He is the owner of SeedRenaissance.com and blogs at CalebWarnock.blogspot.com. He resides in Provo, Utah.

The delicious, self-reliant way to make homemade bread.



ISBN-13: 9781942934097

Price: \$12.95 (USD)

Specs: Paperback, 128 pages, 5 x 7

BISAC Category:

GAR016000 - GARDENING / Organic

GAR022000 - GARDENING / Techniques

HOM022000 - HOUSE & HOME / Sustainable Living

Pub Date: January 2016

Rights: World

CALEB WARNOCK

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A complete, sustainable ecosystem for organic gardening.

THE BACKYARD RENAISSANCE COLLECTION

All-Natural Aquaponic Lawns, Gardens & Vertical Gardens

Inexpensive Back-to-Basics Gardening with Fish Using Non-Electric, Solar, or Minimal-Electricity Designs

CALEB WARNOCK AND LOGAN LYONS

DESCRIPTION

In the first aquaponic book to provide information on lawns, gardens, and vertical gardens, self-sufficiency expert Caleb Warnock shows us how fish, plants, a flower bed, water, and a drain combine to create a masterful ecosystem that can sustain your family.

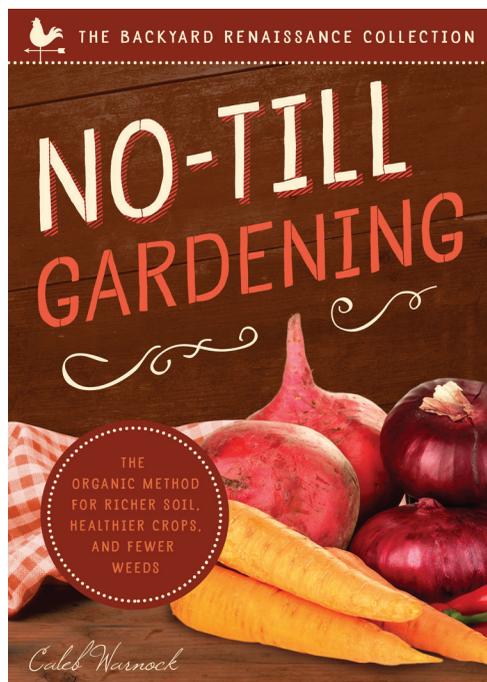
Aquaponic gardening mimics nature. In her simplest form, Mother Nature creates a self-sustaining system in which water, animals, and plants combine to help each other. Creating your own aquaponic garden using this natural cycle is simple, cost-effective, and sustainable.

The advantages are endless. Aquaponic gardens:

- use far less water because water returns from the garden to the pond in a cycle;
- need no purchased fertilizer;
- create naturally rich, sustainable, chemical-free soil;
- grow larger, more productive plants, which produce more food;
- can produce harvestable fish;
- dramatically reduce the need to weed with no-till methods (see the *No-Till Gardening* book in this series); and
- provide a peaceful, meditative water feature for the backyard.

WHY YOU'LL LOVE IT

- The only aquaponics book that covers lawns, gardens, and vertical gardens.



 THE BACKYARD RENAISSANCE COLLECTION

No-Till Gardening

The Organic Method for Richer Soil, Healthier Crops, and Fewer Weeds

CALEB WARNOCK

DESCRIPTION

Tired of tilling your garden? Why till when Mother Nature can do it for you, saving you time and money? Caleb Warnock, self-sufficiency expert and author of the Backyard Renaissance Collection, provides a foolproof method to toss your tiller and have the best garden in the neighborhood.

Armed with fifteen reasons you'll never have to till your garden again and still have the bumper crop that will be the envy of Farmer John, *No-Till Gardening* teaches a better, simpler way to garden, including:

- a history of garden tilling;
- using no-till method to reduce weeds by 90 percent;
- how to create a self-seeding, no-till garden;
- how to never purchase fertilizer again;
- and much more!

WHY YOU'LL LOVE IT

- Fifth book in The Backyard Renaissance Collection.
- No-till technique is rising in popularity with organic gardeners/farmers and is adaptable to both large and small gardens.
- No-till gardening prevents soil erosion while keeping soil nutrients near the roots of the plants.
- Caleb Warnock is a self-sufficiency expert with multiple books published.

ISBN-13: 9781942934080

Price: \$5.95 (USD)

Specs: Paperback, 40 pages, 5 x 7

BISAC Category:

GAR016000 - GARDENING / Organic

HOM022000 - HOUSE & HOME / Sustainable Living

Pub Date: January 2016

Rights: World

CALEB WARNOCK

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Never till your garden again—and be better off for it.

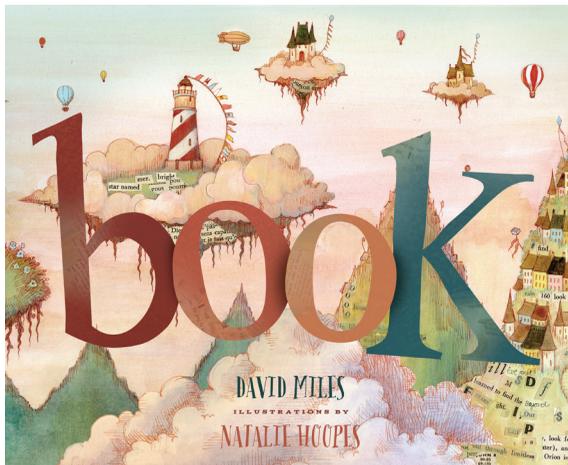


books not to miss

“The family you come from isn’t as important as the family you’re going to have.”

—RING LARDNER

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Book

DAVID MILES AND NATALIE HOOPES

With soft, warm storytelling and stunning, whimsical illustrations, *Book* embarks the reader on an imaginative journey through the literary lands of fact and fiction, a world where passwords, viruses, and broken screens can't stop a young boy's earnest quest for truth. Join in this celebration of literature, scrape the skies of opportunity, traverse the forests of what-could-be, free the powers of knowledge, and discover once again why the humble book is anything but ordinary.

ISBN-13: 978-1-939629-65-4

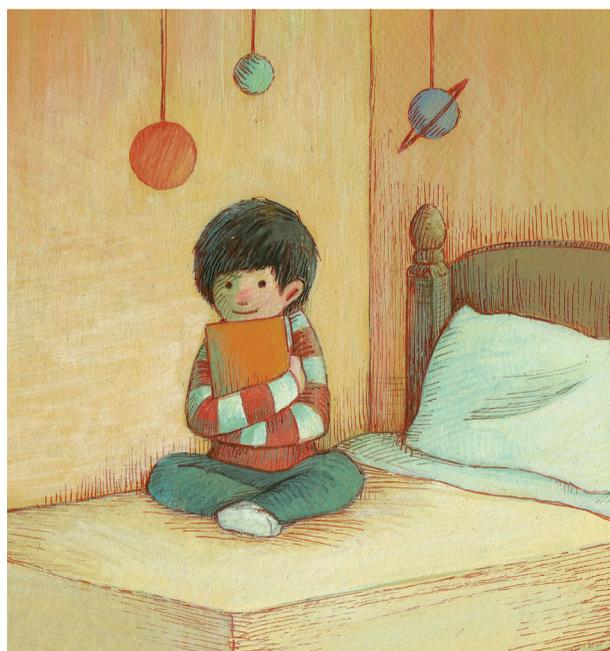
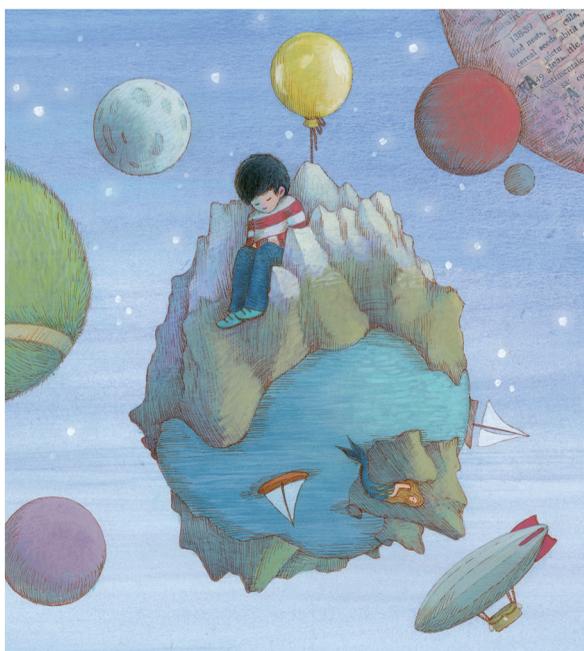
Specs: Hardcover with jacket, 32 pages, 11 x 9

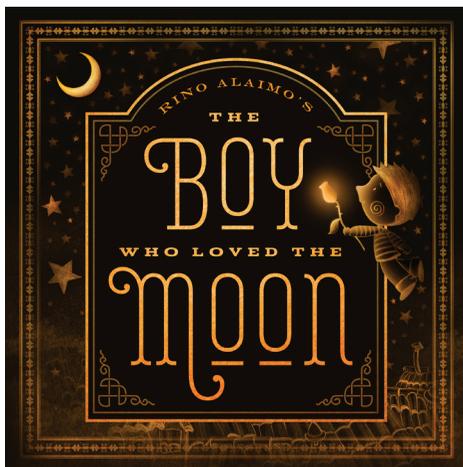
Price: \$16.95 (USD)

Category: Children's

"Thoughtful, poetic phrases are well-matched by mixed-media artwork . . . One of the prettiest paens to the codex in recent memory."

—Kirkus Reviews





The Boy Who Loved the Moon

RINO ALAIMO

Winner of multiple international independent film awards, this beautiful adaptation of the beloved *The Boy and The Moon* tells the story of a boy who swims the deepest seas and slays the mightiest dragons to win the Moon's love.

ISBN-13: 978-1-939629-76-0

Specs: Hardcover, 32 pages, 9 x 9

Price: \$16.95 (USD)

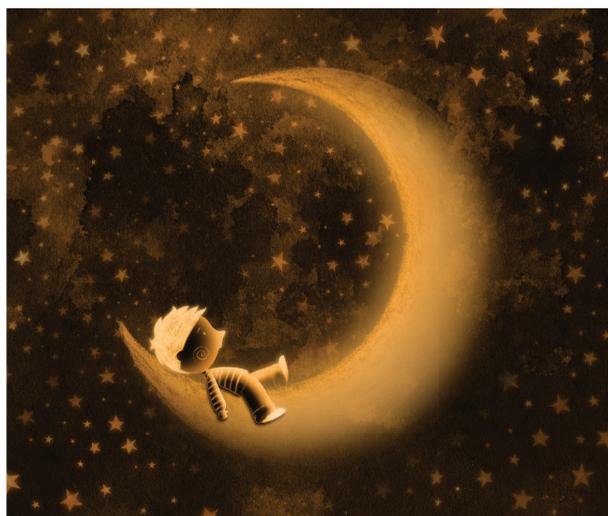
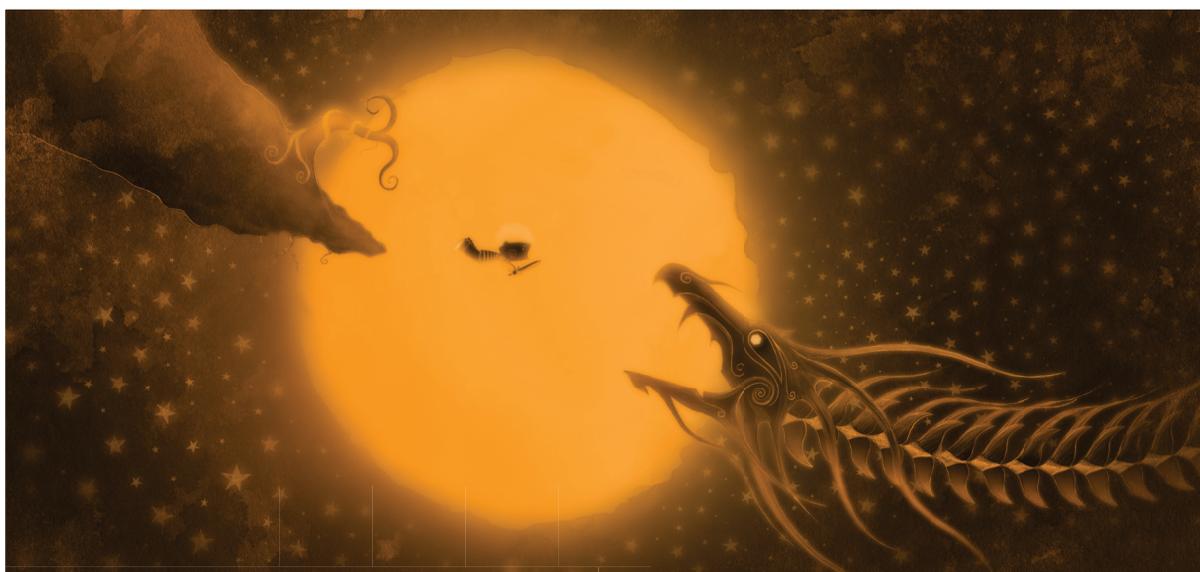
Category: Children's

"It leaves the reader breathless with delight. *The Boy Who Loved the Moon* is a transcending experience for children and adults."

—Midwest Book Review

"It's clear that Alaimo is a polished craftsman in both mediums."

—Publishers Weekly



The Snow Princess Cookbook

BARBARA BEERY

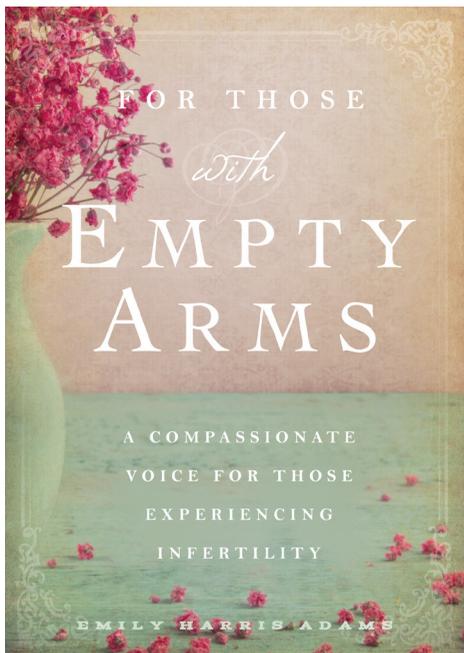
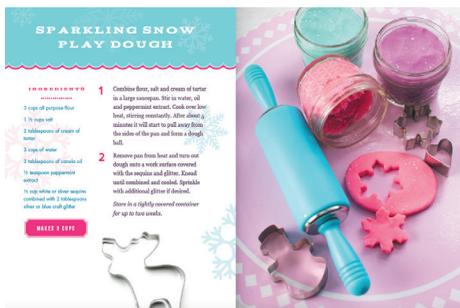
National cooking expert Barbara Beery, author of the bestselling *The Pink Princess Cookbook* and *Fairies Cookbook* has done it again, creating the perfect cookbook for your little princesses who like all things frozen and fun! Focused on Frozen Treats, Party Eats and Treats, Sipping Treats, and Party Crafts, *The Snow Princess Cookbook* is a chef's dream for making fun snacks for the little ones or for showcasing the perfect confection for that *Frozen*-themed party.

ISBN-13: 978-1-939629-75-3

Price: \$16.95 (USD)

Specs: Hardback, covered spiral bound, 80 pages, 7.3 x 8.8

Category: Cookbook / Children's



For Those with Empty Arms

A Compassionate Voice For Those Experiencing Infertility

EMILY HARRIS ADAMS

After receiving the news that in vitro would be their only hope for biological children, award-winning poet Emily Adams had to learn to live in a new world of needles, embarrassing tests, long waiting periods, and expensive doctor's appointments.

In this beautiful and touching book of poems and essays, Emily tells the story of the diagnosis and the chaotic years that followed. Despite the many instances of disappointment, she learns how to continue to hope. Emily Adams weaves a powerful and compassionate story for any woman who is desperately trying to conceive but can't.

ISBN-13: 978-1-939629-60-9

Price: \$14.95 (USD)

Specs: Trade Paperback, 200 pages, 5.5 x 8.5

Category: Health and Wellness / Infertility

"Beautiful writing, powerful stories, and incredible insights."

— April Perry, co-founder of PowerofMoms.com

"With innovative ideas for using this life-affirming food, Meredith's food is fresh and easy, yet bursting with complex flavors that will leave you crazy for coconut and craving more."

—TESS MASTERS, author of *The Blender Girl*

MEREDITH BAIRD



Cooking with Nature's Most
Beautifying Superfood

Coconut Kitchen

Cooking with Nature's Most Beautifying Superfood

MEREDITH BAIRD

Coconut Kitchen explores all things coconut—the rising star of the world's superfood movement and one of nature's most versatile foods. Through sixty recipes complemented with stunning full-color photography throughout, *Coconut Kitchen* provides recipes for breakfast, lunch, dinner, and dessert, plus amazing coconut beauty products.

ISBN-13: 978-1-939629-72-2

Price: \$19.95 (USD)

Specs: Paperback with flaps, 160 pages,

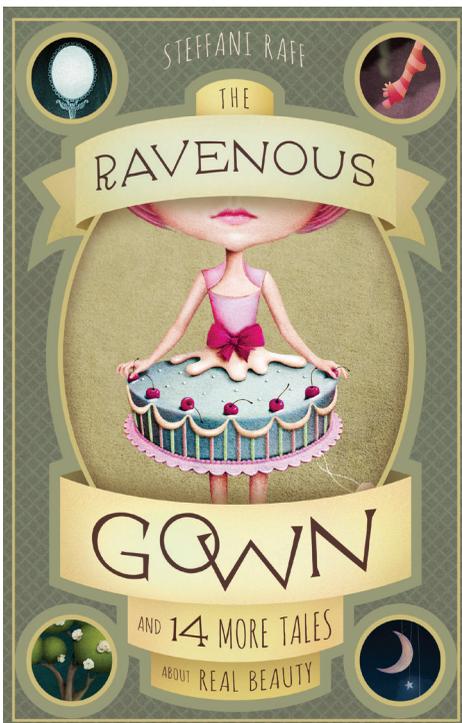
7.5 x 9.8

Category: Food



"This book is a glorious gift for coconut lovers and anybody looking for incredible, healthy recipes. With innovative ideas for using this life-affirming food, Meredith's food is fresh and easy, yet bursting with complex flavors that will leave you crazy for coconut and craving more."

—Tess Masters, author of *The Blender Girl*



The Ravenous Gown

And 14 More Tales about Real Beauty

STEFFANI RAFF

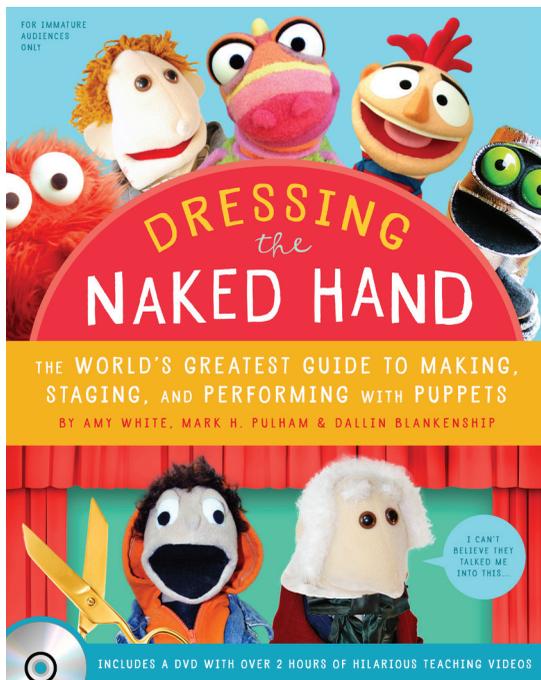
In a world obsessed with outward appearances—where princesses have been boiled down to beautiful ball gowns—comes a new kind of fairy tale. Fall under the spell of a “Once upon a time...” where beauty is bigger than a reflection, where wisdom makes girls extraordinary, and where curses are broken through the strength and character of unlikely heroines. A magnificent collection of short stories written in fairy tale prose, *The Ravenous Gown* captures the essence of a stronger, smarter princess—the kind that actually lives happily ever after.

ISBN-13: 978-1-939629-59-3

Price: \$14.95 (USD)

Specs: Trade Paperback, 200 pages, 5.5 x 8.5

Category: Young Adult Fiction



Dressing the Naked Hand

The World's Greatest Guide to Making, Staging, and Performing with Puppets

AMY WHITE, MARK H. PULHAM, AND DALLIN BLANKENSHIP

The perfect how-to book for all levels of puppetry skill, from beginners to master artisans. With instructions on making hand puppets, turning stuffed animals into puppets, building mechanical puppets, finding accessories, performing, inventing voices, building stages, and more, this is the most comprehensive book of its kind.

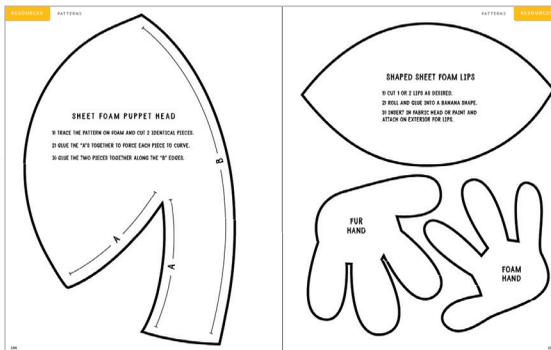
ISBN-13: 978-1938301131
Price: \$19.95 (USD)

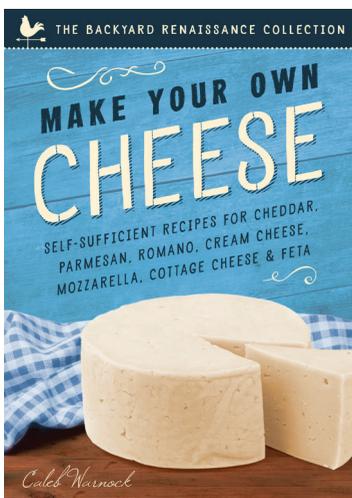
Specs: Paperback with flaps, 184 pages, 8 x 10, with DVD

Category: Craft / Puppets



Includes a 2-hour instructional DVD!





Make Your Own Cheese

Self-Sufficient Recipes for Cheddar, Parmesan, Romano, Cream Cheese, Mozzarella, Cottage Cheese, and Feta

CALEB WARNOCK

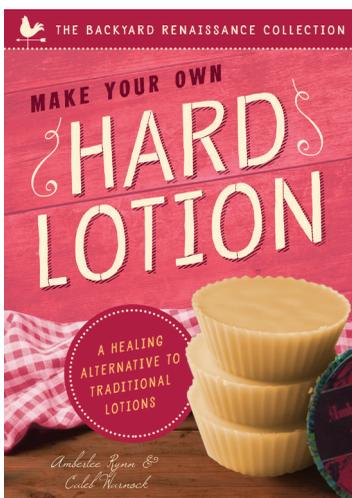
If you want cheese that's one-third the cost and better tasting than your best store-purchased Romano or Parmesan, then this book is for you. Caleb Warnock, the celebrated self-sufficiency master, teaches you how to make seven different cheeses that are delicious and inexpensive.

ISBN-13: 978-1-939629-74-6

Specs: Paperback, 40 pages, 5 x 8

Price: \$5.95 (USD)

Category: Sustainable Living



Make Your Own Hard Lotion

A Healing Alternative to Traditional Lotions

CALEB WARNOCK AND AMBERLY NEIBAUR

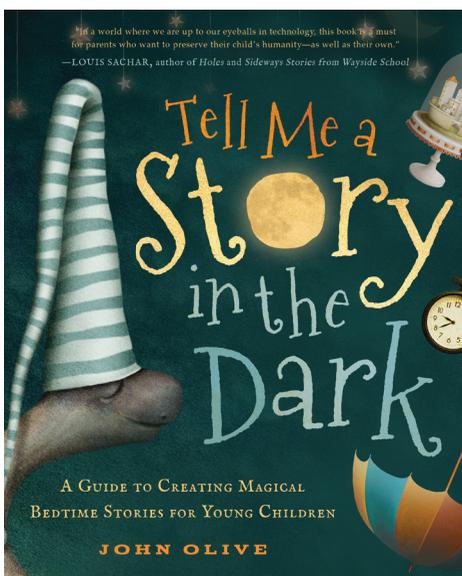
Today's liquid commercial lotions have more toxic chemicals than we want to admit. Homemade liquid lotions have a shelf life of only a couple of weeks. Hard lotion is the solution for those interested in avoiding commercial products or lotions with short shelf lives and who want smooth, soft skin.

ISBN-13: 978-1-939629-73-9

Specs: Paperback, 40 pages, 5 x 8

Price: \$5.95 (USD)

Category: Sustainable Living



Tell Me a Story in the Dark

A Guide to Creating Magical Bedtime Stories for Young Children

JOHN OLIVE

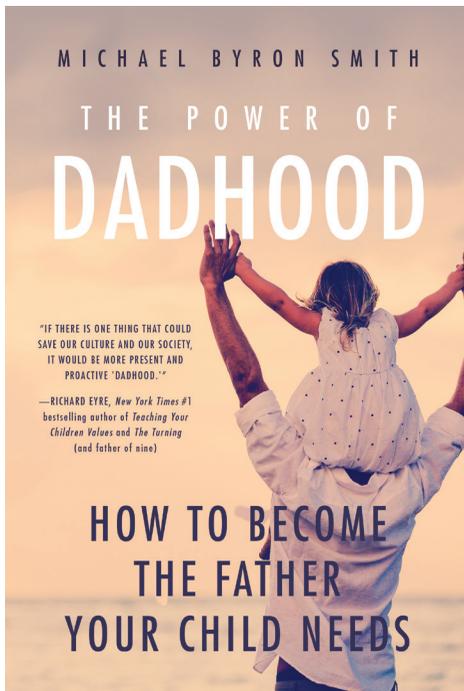
Tonight, don't read your child a story. Instead, dim the light, lie down, and create storytelling magic. Weave a spell that will enchant your child . . . Written by an award-winning playwright, *Tell Me A Story In The Dark* provides you with every tool you need to tell great and entertaining stories.

ISBN-13: 978-1-939629-58-6

Specs: Trade Paperback, 200 pages, 7.5 x 9.25

Price: \$18.95 (USD)

Category: Parenting / Storytelling



The Power of Dadhood

How to Become the Father Your Child Needs

MICHAEL BYRON SMITH

The Power of Dadhood encourages men to father with the knowledge that they are vitally important to the futures of their children. National speaker Michael Byron Smith discusses the implications of a fatherless home, the challenges of parenting, and the hierarchy of fathers. There are absent fathers, present yet uninvolved fathers, authoritative fathers, loving fathers, teaching fathers, and many more. Any man, through *The Power of Dadhood*, can assess himself, see where he stands, and make choices to become a real Dad and find the power of Dadhood!

ISBN-13: 978-1-939629-66-1

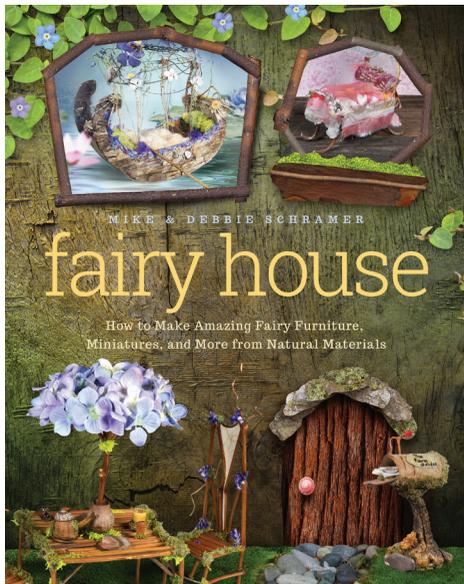
Specs: Trade Paperback, 220 pages, 6 x 9

Price: \$16.95 (USD)

Category: Parenting

"If there is one thing that could save our culture and our society, it would be more present and proactive 'dadhood' by fathers throughout America!"

—Richard Eyre, *New York Times* #1 bestselling author



Fairy House

How to Make Amazing Fairy Furniture, Miniatures, and More from Natural Materials

MIKE AND DEBBIE SCHRAMER

Fairy House is a fascinating adventure into the making of miniature kingdoms of the fairytale realm from objects found in nature. Through more than 350 clear, detailed, full-color photographs and understandable yet whimsical guidance, the reader will learn to fashion an amazing array of other beautiful and unique pieces that will inspire the reader to find their true artistic ability and imagination.

ISBN-13: 978-1-939629-69-2

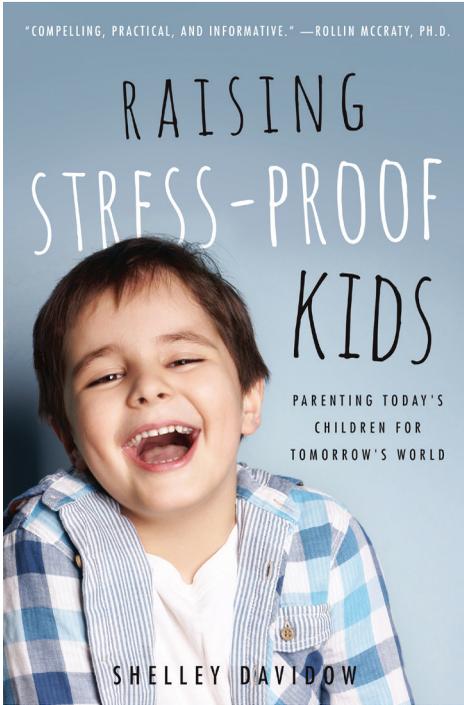
Specs: Paperback with flaps, 176 pages,

Price: \$19.95 (USD)

8 x 10

Category: Crafts





Raising Stress-Proof Kids

Parenting Today's Children for Tomorrow's World

SHELLEY DAVIDOW

Drawing on cutting edge research from the Institute of HeartMath, California, as well as Shelley Davidow's extensive experience in working with children and teens, *Raising Stress-Proof Kids* explores the powerful and potentially long-term effects of stress on our children. Most importantly, it offers simple but effective steps that parents can take to minimize the impact of stress at home and at school.

ISBN-13: 978-1-939629-64-7

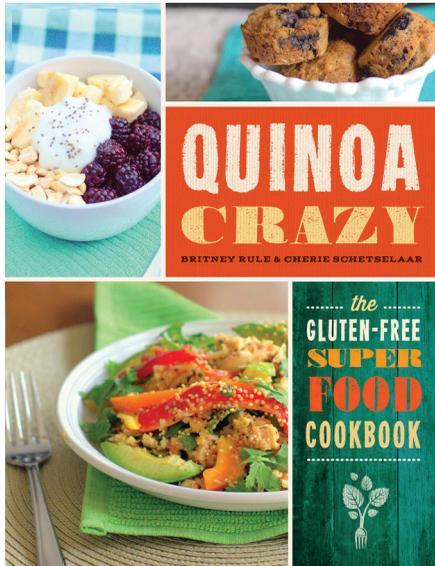
Specs: Trade Paperback, 208 pages, 6 x 9

Price: \$16.95 (USD)

Category: Parenting / Stress Management

"A compelling, practical and informative guide for every parent."

—Rollin McCraty, PhD, Institute of HeartMath, California



Quinoa Crazy

The Gluten-Free Superfood Cookbook

BRITNEY RULE, CHERIE SCHETSelaar

Quinoa is the superfood you know you should be eating. But how do you actually cook with it? Cherie Schetselaar and Britney Rule show you the tips and tricks to quinoa cooking until you are including it in any dish. From snacks to main dishes, *Quinoa Crazy* will turn this foreign kernel of nutrients into your most popular kitchen ingredient ever. Go crazy with quinoa!

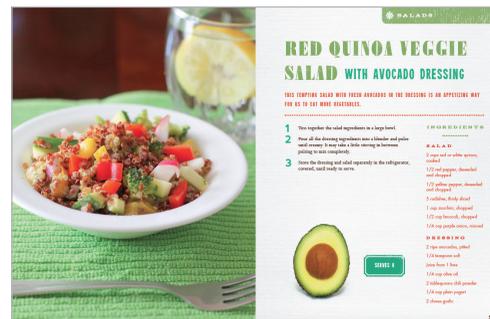
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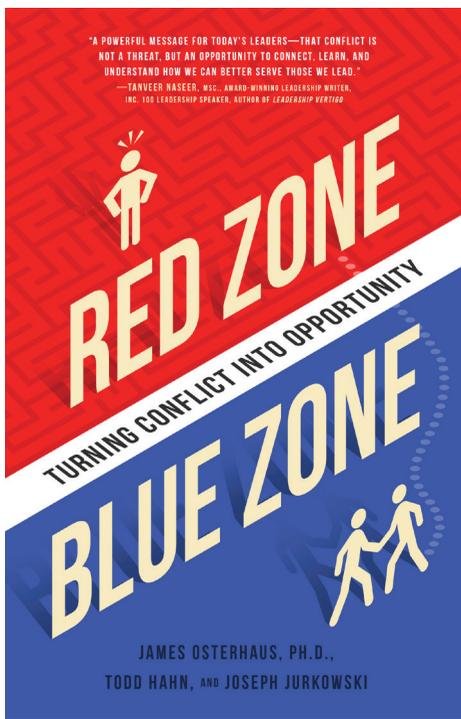
Specs: Paperback with flaps, 176 pages,

Price: \$19.95 (USD)

7.5 x 9.8

Category: Cookbook





Red Zone, Blue Zone

Turning Conflict into Opportunity

JAMES OSTERHAUS, JOSEPH JURKOWSKI, AND
TODD HAHN

Most of us fear and dread conflict, at home or at work. But conflict can be your ally, not your enemy. Conflict doesn't have to tear your family or organization apart.

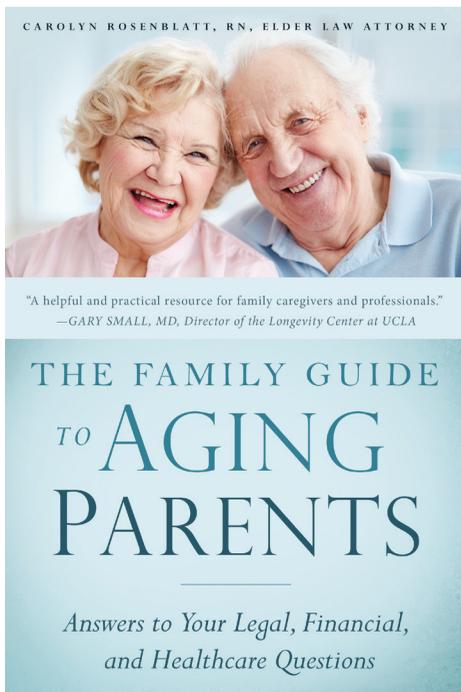
Using the story of a family business leader embroiled in generational conflict, *Red Zone, Blue Zone* shows how to navigate conflict in a way that is healthy and leads to enhanced relationships, self-awareness, and greater leadership success. Practical response activities and personal reflection questions help the reader understand the sources of conflict, have a working command of conflict navigation principles, and be equipped to help others navigate conflict in their own lives.

ISBN-13: 978-1-939629-63-0

Specs: Trade Paperback, 160 pages, 6 x 9

Price: \$15.95 (USD)

Category: Business



The Family Guide to Aging Parents

Answers to Your Legal, Financial, and Healthcare Questions

CAROLYN ROSENBLATT, RN

There are more than 43 million adults caring for their aging parents and family members in the United States alone. While some are about to enjoy retirement and the freedoms that come with a life well lived, the responsibility of caring for their aging parents is a key issue they unexpectedly face.

The Family Guide to Aging Parents is the complete guide to help the caregiver understand the issues and be prepared for the realities. Covering everything from legal issues to what to do when your aging parent still wants to drive, *The Family Guide to Aging Parents* provides clear counsel for giving loving care and enjoying life after retirement.

ISBN-13: 978-1-939629-57-9

Specs: Trade Paperback, 280 pages, 6 x 9

Price: \$18.95 (USD)

Category: Parenting & Relationships / Aging Parents

"A crucial guidebook for the millions of Americans who are dealing with the unfamiliar challenge of helping aging parents live safely and with dignity."

—Janet Novack, Personal Finance Editor & Washington Bureau Chief, *Forbes Media*



backlist

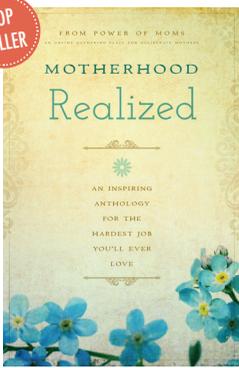
“You don’t choose your family. They are God’s gift to you, as you are to them.”

—DESMOND TUTU

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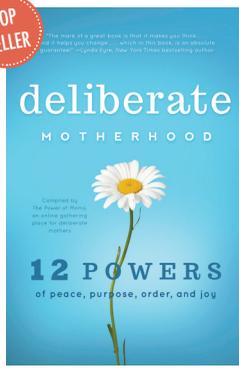
Parenting

TOP
SELLER



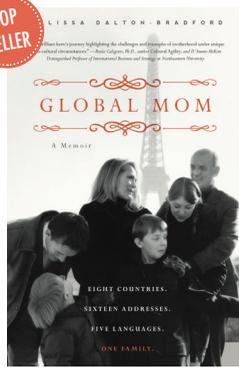
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 Specs: Trade Paperback,
 206 pages, 6 x 9
 Rights: World

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SELLER

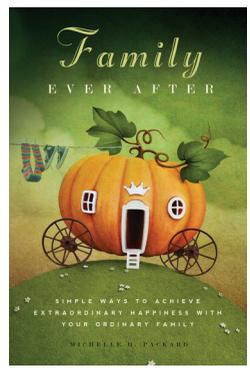


ISBN-13: 978-1-938301-90-2
 Price: \$17.95 (USD)
 Specs: Trade Paperback,
 272 pages, 6 x 9
 Rights: World

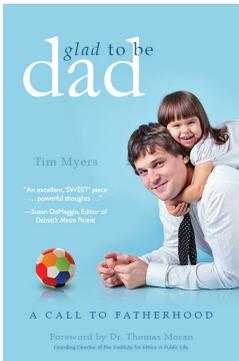
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ISBN-13: 978-1-938301-34-6
 Price: \$17.95 (USD)
 Specs: Trade Paperback,
 310 pages, 6 x 9
 Rights: World



ISBN-13: 978-1-938301-38-4
 Price: \$14.95 (USD)
 Specs: Trade Paperback,
 198 pages, 6 x 9
 Rights: World

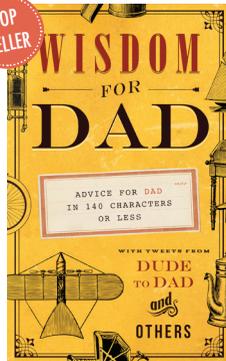


ISBN-13: 978-1-938301-01-8
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 Specs: Trade Paperback,
 270 pages, 6 x 9
 Rights: World



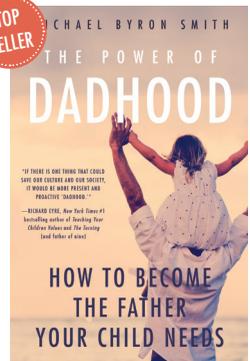
ISBN-13: 978-1-938301-26-1
 Price: \$10.95 (USD)
 Specs: Trade Paperback,
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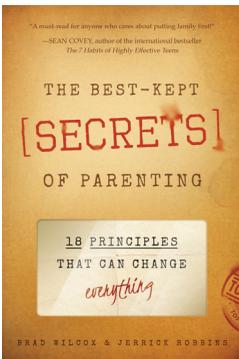


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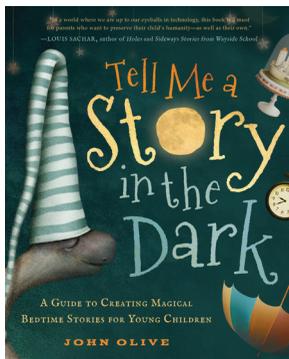
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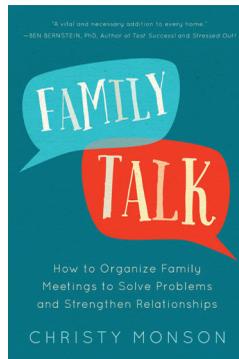
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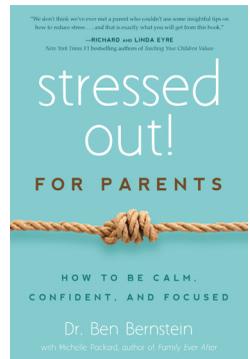
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 Price: \$14.95 (USD)
 Specs: Trade Paperback,
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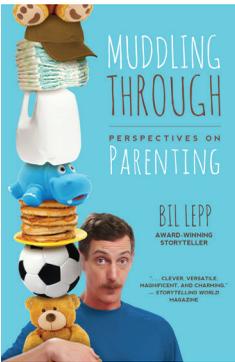
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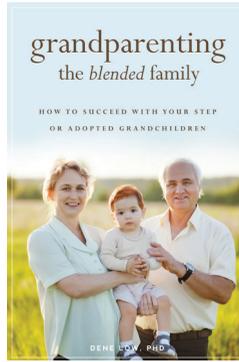
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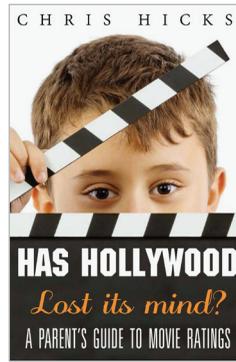
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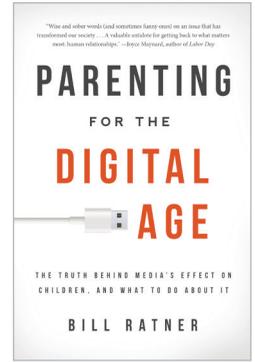
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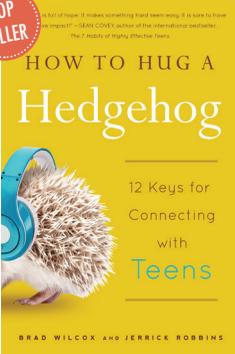
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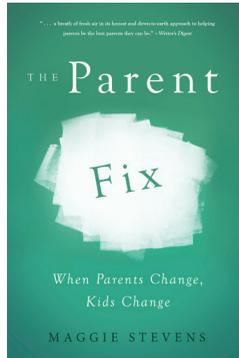
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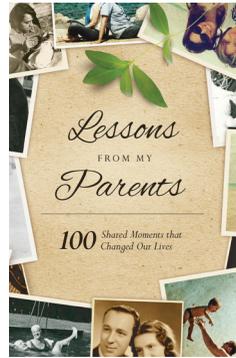
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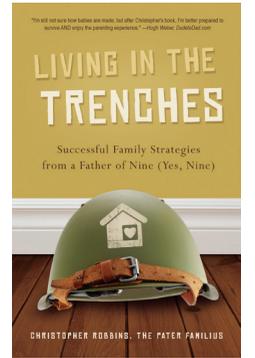
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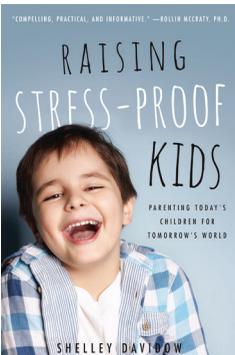
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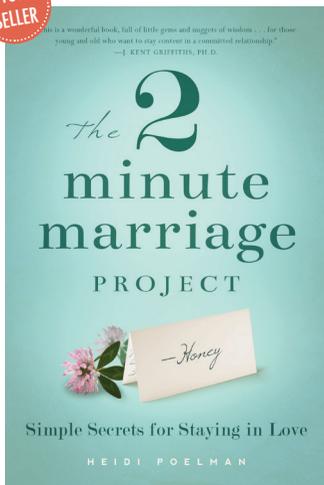
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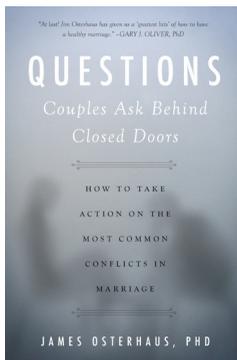
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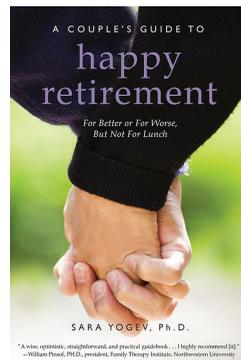


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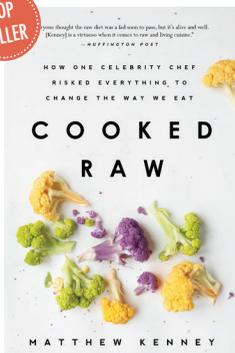


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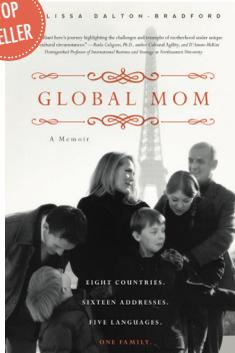
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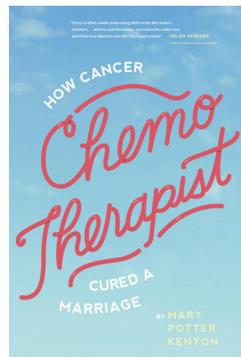
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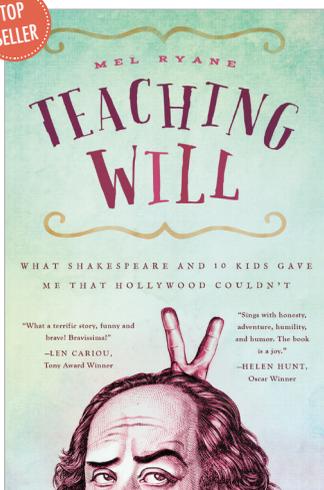
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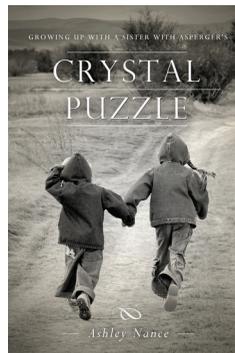
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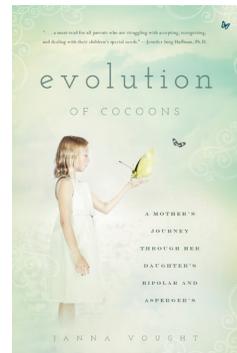
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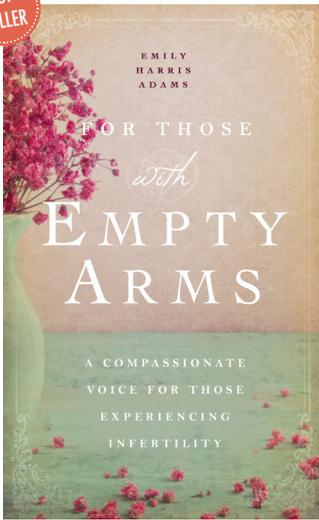
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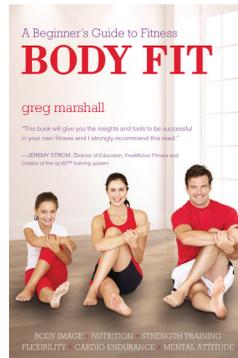
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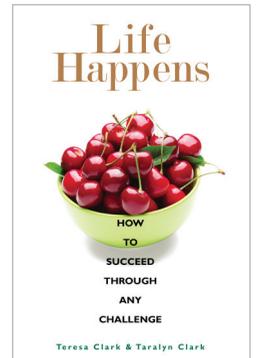
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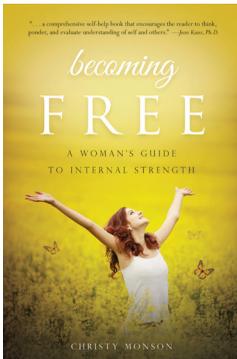
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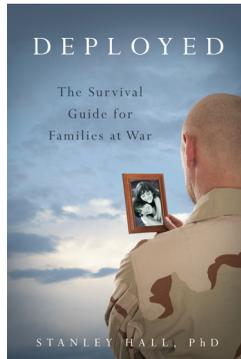
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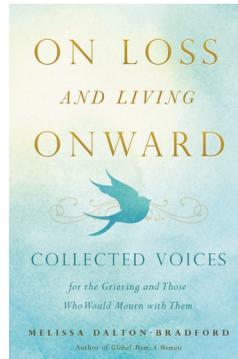
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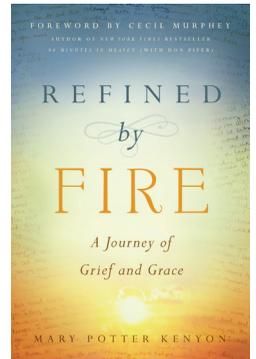
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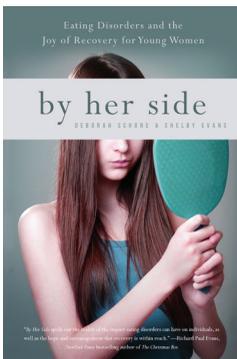
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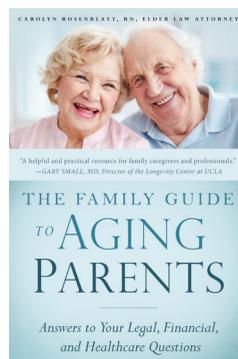
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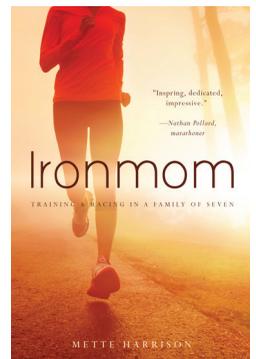
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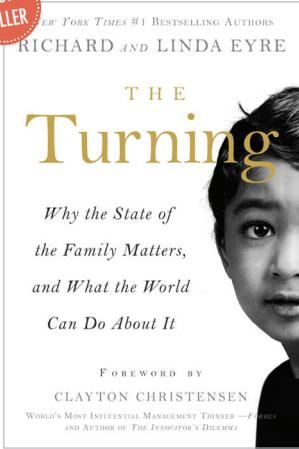
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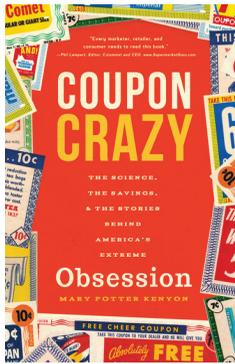
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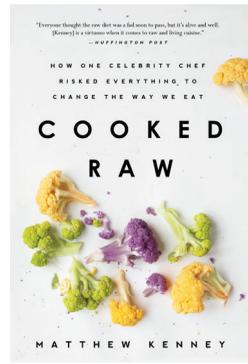


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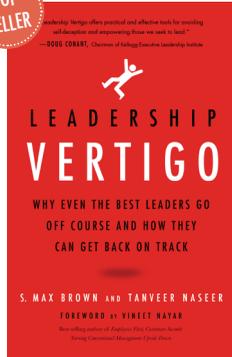


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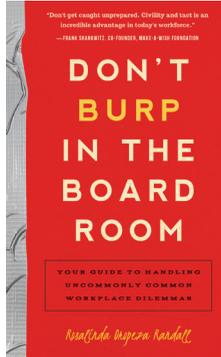


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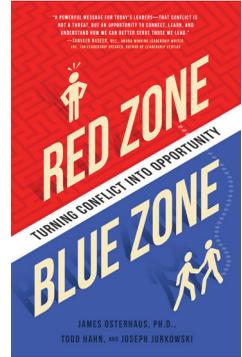
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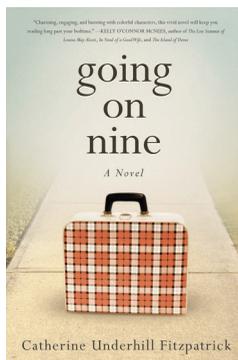
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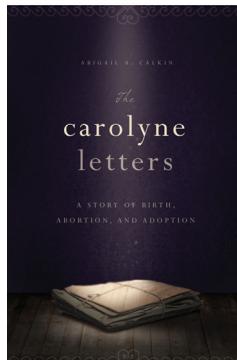
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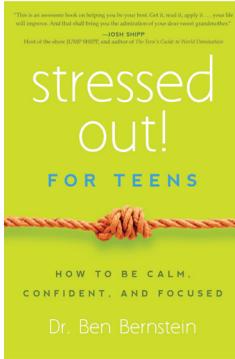


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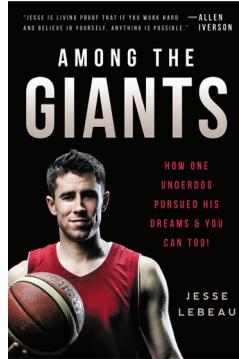


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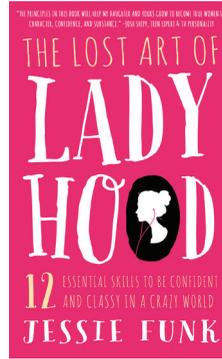
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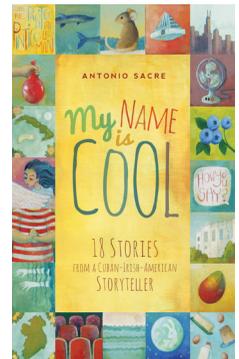
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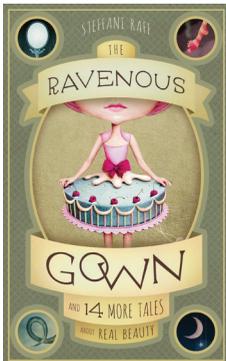
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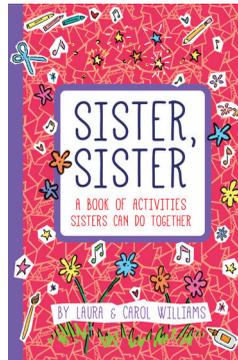


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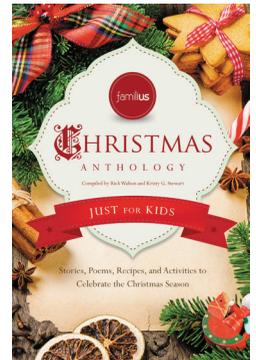


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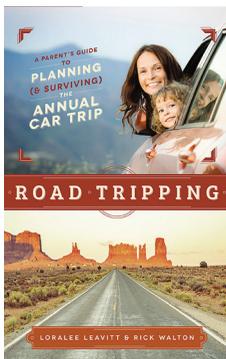
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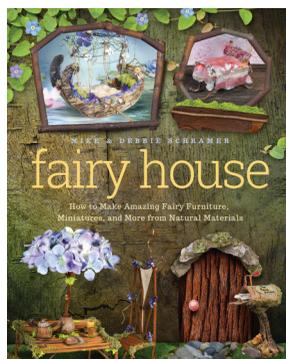
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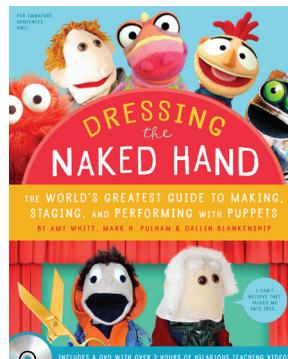
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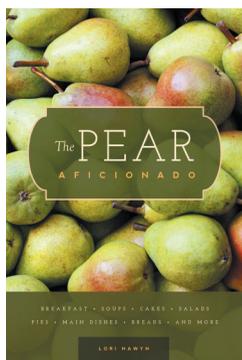


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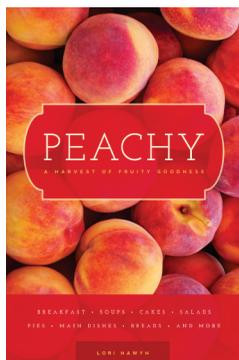


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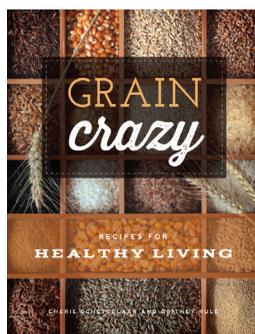
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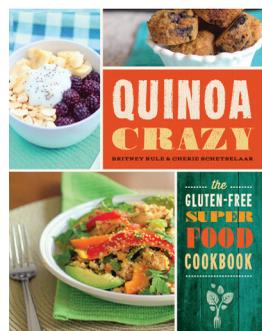
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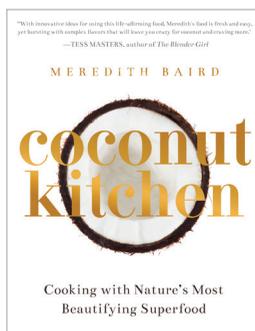
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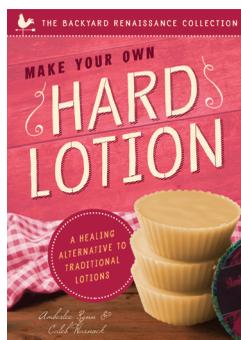


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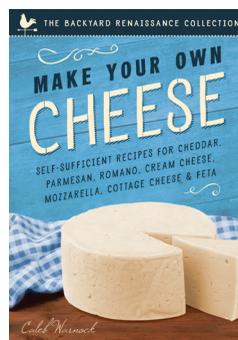


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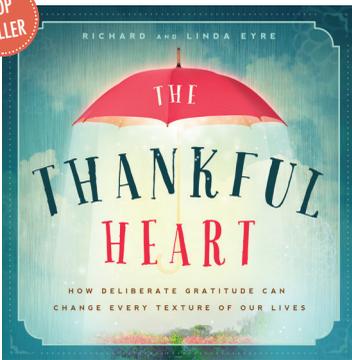
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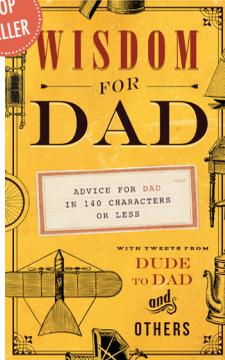
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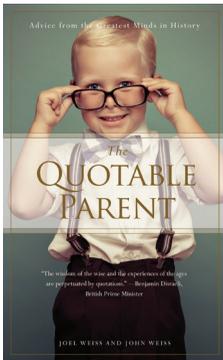


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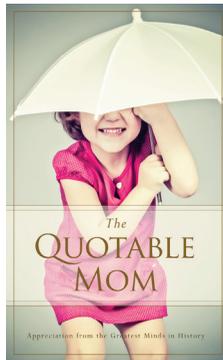


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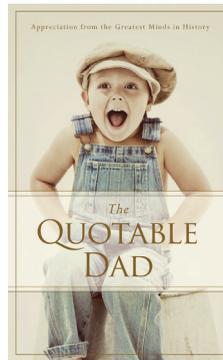


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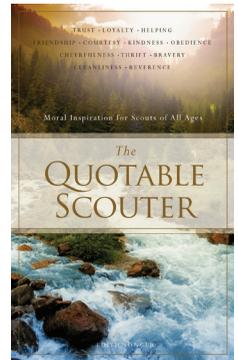


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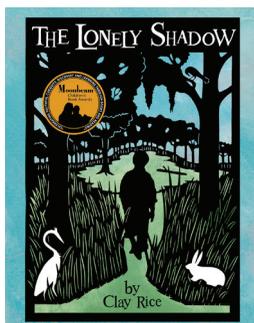


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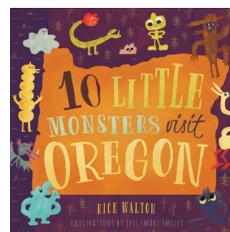
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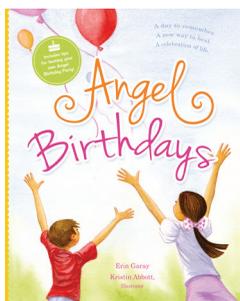
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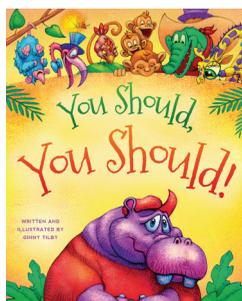
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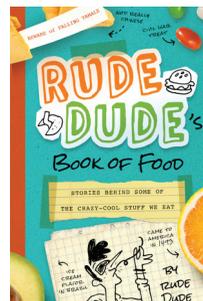
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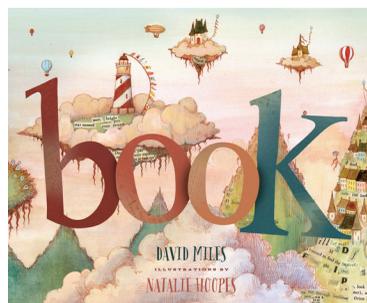
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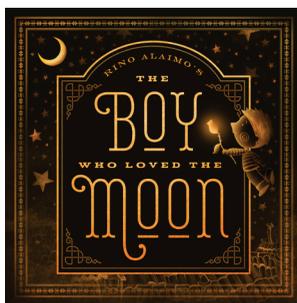
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